

Crowd My Mind

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate waltz
编舞者: Frédéric Marchand (FR) - July 2020
音乐: Crowd My Mind - Brett Eldredge



Intro : 48 counts - Start on the word « DAY » - Bodyweight on the right foot

Séquence: 48 – 24 R – 48 – 48 – 48 – 12

Style : WALTZ

S1: DIAGONAL RIGHT STEP LEFT FWD, SWEEP RIGHT 2/8 TURN LEFT, RIGHT TWINKLE 3/4 TURN RIGHT

- 1-3 In the right diagonal step Left Fwd (Weight Ends On Left) (1) [01:30] - Make a circular movement with the right leg from back to front on 2/8 of a turn to the Left (2-3) [10:30]
4-6 Cross Right over Left (4) - Make 1/2 turn Right stepping Left Back (5) [04h30] - Make 1/4 turn Right stepping Right Fwd (6) [07:30]

S2: CROSS LEFT, HOLD, HOLD, SPIRAL TURN 7/8 RIGHT, SWEEP RIGHT

- 1-3 Cross Left over Right (Weight Ends On Left) (1) - Hold (2-3)
4-6 Make 7/8 turn Right on the Left Foot (4) [06 o'clock] - Make a circular movement with the right leg from front to back (5-6)

S3: BEHIND RIGHT, SIDE LEFT, CROSS RIGHT, 1/4 TURN RIGHT, 1/4 TURN RIGHT, CROSS LEFT

- 1-3 Cross Right behind Left (1) - Step Left to Left side (2) - Cross Right over Left (3)
4-6 Make 1/4 turn Right stepping Left Back (4) [09 o'clock] - Make 1/4 turn Right stepping Right foot to Right side (5) [12 o'clock] - Cross Left over Right (Weight Ends On Left) (6)

S4: POINT RIGHT, HOLD, HOLD, STEP BACK RIGHT, POINT LEFT, HOLD

- 1-4 Point Right to Right side (1) - Hold (2-3)
5-6 Cross Right behind Left (4) - Point Left to Left side (5) – Hold (Weight Ends On Right) (6)

RESTART here on the wall 2 at 6 o'clock

S5: LEFT TWINKLE CURVED, CROSS RIGHT, SIDE LEFT, BEHIND RIGHT

- 1-3 In the Right diagonal step Left Fwd (1) [01:30] - Step Right next to the Left (2) [12h00] - In the Left diagonal step Left Fwd (3) [10:30]
4-6 Cross Right over Left (4) - Step Left to Left side (5) [12 o'clock] - Cross Right behind Left (6)

S6: SLIDE LEFT, DRAG RIGHT, SLIDE RIGHT, DRAG LEFT

- 1-3 Big step Left to Left side (1) - Slide Right to Left (Weight Ends On Left) (2-3)
4-6 Big step Right to Right side (4) - Slide Left to Right (Weight Ends On Right) (5-6)

S7: DIAGONAL RIGHT STEP LEFT FWD, 1/2 SPIN TURN LEFT WITH HITCH RIGHT, HOLD, STEP RIGHT FWD, 1/2 TURN RIGHT, 1/2 TURN RIGHT

- 1-3 In the Right diagonal step Left Fwd (Weight Ends On Left) (1) [01:30] - Make 1/2 turn Left on the Left Foot while raising the Right knee (2) [07:30] - Hold (3)
4-6 Step Right Fwd (4) - Make 1/2 turn Right stepping Left Back (5) [01:30] - Make 1/2 turn Right stepping Right Fwd (6) [07:30]

S8: STEP LEFT FWD, DEVELOPPE, SWEEP LEFT WITH FOLLOWTHROUGHT

- 1-3 Step Left Fwd (Weight Ends On Left) (1) - Slide the Right foot back to front and lift the knee Right (2) - Extend the Right leg (3)
4-6 Recover onto Right foot (Weight Ends On Right) (4) - Make a circular movement with the Left leg from front to back and finish Left foot next to the Right foot (Weight Ends On Right) (5-6) [07:30]

Start again with a smile V1-UK-FM le 29/07/2020
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