

Gimme Hope Jo'Anna

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Hue Tran (AUS) - May 2020
音乐: Gimme Hope Jo'Anna - Eddy Grant



Start on the lyrics, bump hips L R L

I- STEP FWD R, L, SHUFFLE UP; STEP FWD, 1/2TURN R STEP FWD, SHUFFLE UP

1-4 RF forward, LF fwd, shuffle fwd RLR
5-8 LF fwd, 1/2-turn R with RF, shuffle fwd LRL (6:00)

II- (SIDE ROCK, RECOVER, CROSS SHUFFLE) X 2

1-4 Rock RF to R side, recover back to LF, shuffle RF across over LF RLR
5-8 Rock LF to L side, recover back to RF, shuffle LF across over RF LRL

III- TURN 1/4 L STEP BACK R, L, R COASTER STEP; ROCK LF UP, RECOVER, L COASTER STEP

1-4 1/4 turn L with RF back, LF back, R Coaster step (3:00)
5-8 Rock LF up, recover to RF, L Coaster step

IV- TOE STRUTS R, L; HIP BUMPS RLRL

1-4 Toe Struts: R toe up, put RF down; L toe up, put LF down
5-8 Hip bumps RLRL

REPEAT
