

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Hiroko Carlsson (AUS) - July 2020
音乐: ily (i love you baby) (feat. Emilee) - Surf Mesa : (iTunes)



(Intro: 32 counts)

[S1] Side, Rock Behind, Side Chasse, Rock Behind, 1/4R Shuffle Back

1 2 3 Step L to the side, Rock R behind L, Recover weight on L
4&5 Step R to the side, Step L close to R, Step R to the side
6 7 Rock L behind R, Recover weight on R
8&1 Make a 1/4 turn right shuffle back L-R-L (3:00)

[S2] Rock Back, 1/2L Shuffle Back, Rock Back, 3/4R Triple Lock Step-

2 3 Rock back on R, Recover weight on L
4&5 Make a 1/2 turn left shuffle back R-L-R (9:00)
6 7 Rock back on L, Recover weight on R
8&1 On ball of R foot make a 1/2 turn right stepping back on L, Make a 1/4 turn right while locking R across L, Slightly step back on L (6:00)

[S3] -1/4R-1/4R, Side Shuffle, Cross Rock, 1/4L Shuffle Fwd

2 3 Make a 1/4 turn right while slightly stepping forward on R, Make a 1/4 turn right stepping L to the side (12:00)
4&5 (Push to the right side)-Step R to the side, Step L close to R, Step R to the side
6 7 Rock L across R, Recover weight on R
8&1 Make a 1/4 turn left shuffle forward L-R-L (9:00)

[S4] Step-Spiral, Shuffle Fwd, Side, Together, Fwd

2 3 Step forward on R, Make a L full spiral turn on ball of R while hooking L in front
4&5 Shuffle forward L-R-L
6 7 8 Step R to the side, Step L next to R, Step forward on R (9:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 29/Jul/20)