

The Bright Side of Life

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Bev Vinge (AUS) - July 2020
音乐: Always Look On the Bright Side of Life - Monty Python



(Thank you to Anne Woods for suggesting this song at the time when life is not so bright).

VINE RIGHT, TOUCH, SIDE, TOUCH, KICK-BALL-CHANGE

1,2,3,4 Step R to side, Step L behind R, Step R to side, Touch L together,
5, 6 Step L to side, Touch R together,
7 & 8 Kick R forward, Step R together, Step L together.

"V" STEP, BOX STEP ¼ TURN RIGHT

1, 2 Step R diagonally forward, Step L diagonally forward,
3, 4 Step R back to Centre, Step L back to Centre,
5,6,7,8 Cross R over L, Step L back, Turn ¼ Right Step R to side, Step L together.

SIDE SHUFFLE, BACK, ROCK, TOE STRUT, CROSS STRUT

1 & 2 Side Shuffle Right: R-L-R,
3, 4 Step L back, Rock forward on R,
5, 6 Touch L toe to side, Drop L heel,
7, 8 Cross R toe, Drop R heel.

SIDE SHUFFLE, BACK, ROCK, ROCKING CHAIR

1 & 2 Side Shuffle Left: L-R-L,
3, 4 Step R back, Rock forward on L,
5,6,7,8 Step R forward, Rock back on L, Step R back, Rock forward on L.

[32] REPEAT
