

拍数: 32 墙数: 4 级数: Intermediate
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 音乐: LMM - Hwa Sa



Intro 16 counts. – 2x Change step and Restarts. No Tag.

Sec1: Cross hitch, cross, side, behind, flying hands, side kick, touch, ½ turn sweep, cross, recover

1 Cross L over R while hitching R knee
 2&3 Cross R over L, step L to L side, touch R behind L (bending knees a little bit preparing body to raise)
 4&5 Raising body and hands as if you trying to fly , put down both hands, kick R knee to R side (raising as high as you can).
 67 Touch R beside L, ½ turn R step R to R while sweeping L back to front
 8& Cross L over R, recover on R

Sec2: Side, sway, sway, ¼ turn hitch, kick fwd, cross, ¾ unwind, ½ reversed unwind, back, together

12& Step L to L side, sway R, sway L
 345 ¼ turn R hitching L transfer weight to R, kick L fwd, cross L over R
 67 ¾ unwind turn R (facing 6.00), ½ reversed unwind turn L
 8& Step R back, step L together

*** (Change step and restart happens here on Wall 4 (facing 09.00) and wall 6 (facing 12.00).

Dance up to 16 counts change the last count with touch> Touch L beside R and then Restart.

Sec3: Side, back, recover, side, back, recover, swing knee, step lift, cross

12& Step R to R side, step L behind R, recover on R
 34& Step L to L side, step R behind L, recover on L
 56& Swing R knee to L, R, L (swing knee in figure eight form)
 78 Step R fwd while lifting L, cross L over R

Sec4: ½ turn flick, cross, side, kick, side, cross, ¼ turn, side, touch, fwd, full turn

12& ½ turn L step L fwd flicking R, cross R over L, step L to L side
 34& Kick R diagonal fwd, step R to R side, cross L over R
 567 ¼ turn L step R back kicking L fwd, step L to L side, touch R beside L
 &&& Step R fwd, ½ turn R step L back, ½ turn R step R fwd

Dance with your soul...

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