

# Ready For The Weekend

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Britt Beresik (USA) & I.C.E. (ES) - June 2020  
音乐: Ready for the Weekend - Calvin Harris



**Intro: 32 counts (approx. 14 secs) (No Tags, No Restarts)**

## **S1: 2 Bouncy Lock Steps Back, Step Back, Coaster ¼turnR, Scuff**

1&2      Step R back, Lock L over R, Step R back (option: bounce with a down-up-down feel)  
3&4      Step L back, Lock R over L, Step L back (option: bounce with a down-up-down feel)  
5      Step R back  
6&7-8      ¼turnR and Step L back, Step R next to L, Step L fwd to R diagonal, Scuff R [1:30]

## **S2: Diagonal Toe/Heel/Heel/Toe and HOLDS**

&1-2      Step R fwd, Touch L toe next to R, HOLD [1:30]  
&3-4      Step L back, Touch R heel fwd, HOLD [1:30]  
&5-6      Step R next to L, ¼turnL and Touch L heel fwd, HOLD [10:30]  
&7-8      Step L fwd, Touch R toe next to L, HOLD [10:30]

### **\*SYNCOPATED NO-HOLD OPTION &5&6&7&8:**

**Step R next to L (&), ¼turnL and Touch L heel fwd (5), Step L fwd (&), Touch R toe next to L(6), Step R back (&), Touch L heel fwd (7), Step L fwd (&), Touch R toe next to L(8) [10:30]**

## **S3: & Side Rock, Recover, Cross Shuffle, Jump, HOLD-Snap, Cross, ¼turnR- Step Back**

&1-2      Step R next to L, Rock L to L side (push arms to right) with ¼turnR, Recover R [12:00]  
3&4      Cross L over R, Step R to R side, Cross L over R  
&5-6      Jump R to R side, Bring L next to R, HOLD (snaps high, elbows bent) [angle to 11:00]  
7-8      Cross R over L, ¼turnR stepping back on L [3:00]

## **S4: ¼ Hinge Turn R, HOLD, & Side Step, HOLD, Cross, ½turnR, Weave**

1-2      ¼turnR stepping R to R side, HOLD [6:00]  
&3-4      Step L next to R, Step R to R side, HOLD  
5-6      Cross L over R, Unwind ½turnR taking weight on R [12:00]  
7&8      Cross L over R, Step R to R side, Cross L behind R [12:00]

## **S5: Side Rock, ¼pivotL, Step Fwd, ¾turnR, Slide, HOLD, Cross Rock Behind, Recover**

1-2      Rock R to side, Recover L with a ¼turnL [9:00]  
3-4      Step R fwd (prep for R turn, use R arm fwd for help), ½turnR stepping back on L [3:00]  
5-6      ¼turnR with R sliding to R side (drag L heel), HOLD [6:00]  
7-8      Rock L behind R, Recover R [6:00]

## **S6: Scissor, ¼turnL - Rock Back, Recover, Hitch & Press, Hitch & Press**

1&2      Step L to L side, Step R next to L, Cross L over R  
3-4      ¼turnL while rocking back on R, Recover L fwd [3:00]  
5&6&      Hitch R, Step R, Press L to L side (weight remains on R)  
7&8&      Hitch L, Step L, Press R to R side (weight remains on L) [3:00]

## **S7: Rock Fwd, Recover, Coaster Step, Fwd 3 Walks, HOLD- Clap Clap**

1-2-3&4      Rock R fwd, Recover L- Step R back, Step L next to R, Step R fwd  
5-6-7&8      Walk fwd L-R-L, HOLD (Clap hands twice &8) [3:00]

## **S8: 2 x ½pivotL, Out-Out, In-In, &Bump &Bump**

1-4      Step R fwd, ½pivotL, Step R fwd, ½pivotL [3:00]

&5&6 Step R out to R diagonal, Step L out to L diagonal, Step R back to center, Step L next to R  
&7&8 Lift R hip up, Bump L hip down, Lift R hip up, Bump L hip down (tip: lift R heel with R knee bent, weight on L) [3:00]

**Start Over**

**\*Ending: Begin Wall 8 to 9:00, dance up to and including count 16. On count 17, ¼turnR with back Jump/Step on R and L heel to L side, squaring up to 12:00!**

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