

Heartaches Galore

COPPER STEPSHEETS **KNOB**

拍数: 32 墙数: 4 级数: Easy Improver
编舞者: Myra Harrold (SCO) & Yvonne Anderson (SCO) - March 2020
音乐: Heartaches By the Number - Cyndi Lauper : (Album: Detour, iTunes & Amazon)



Notes: Start on the vocal, 4 count tag happens at the chorus (See below for Tag and Ending details).

Thank you to Imelda Wray for suggesting the music, you asked for something easyish with a bit of a twist to your favourite tune, I hope we delivered xx

[1-8] SIDE, BEHIND, BALL-CROSS-POINT, 1/4 TURN RIGHT, POINT, CROSS, BACK

1-2 Step R to right, Step L behind right [12]
&3-4 (&) Step R to right, (3) Step L across right, Point R toes to right [12]
5-8 Make 1/4 turn right stepping R beside left, Point L to left, Step L across right, Step R back [3]
(Feels like a Monterey into a jazz)

[9-16] BACK, TOUCH, BACK TOUCH, KICK-BALL-CROSS, HOLD, BALL-CROSS

1-4 Step L back to left diagonal, Touch R toes beside left and clap hands, Step R back to Right diagonal, Touch L toes beside right and clap hands [3]
5&6 Kick L foot forward towards diagonal, (&) Step L beside Right, Step R across left [3]
7&8 Hold, (&) Step L to left, Step R across left [3]

[17-24] 1/2 TURN RIGHT, CROSS SHUFFLE, SIDE ROCK, RECOVER, BEHIND-SIDE-CROSS

1-2 Make 1/4 turn right stepping L back, Make 1/4 turn right stepping R to right [9]
3&4 Step L across right, (&) Step R to side, Step L across right [9]
5-6 Rock R to right, Recover weight on L [9]
7&8 Step R behind left, (&) Step L to side, Step R across left [9]

[25-32] SIDE ROCK, RECOVER, 1/4 TURN LEFT ROCK BACK, RECOVER, SIDE, HOLD, BALL 1/4 TURN LEFT, HITCH

1-4 Rock L to left, Recover weight on R Make 1/4 turn left and rock L back, Recover weight on R [6]
5-6 Step L to left, Hold [6]
&7-8 (&) Step ball of R beside left, Make 1/4 turn left stepping L forward, Hitch R knee [3]

REPEAT and sing loudly!!

TAG: The following 4 count tag always happens on the chorus....so t's easy to spot (following 3rd, 4th, 9th and 10th repetitions add the following)

ROCKING CHAIR

1-4 Rock R forward, Recover weight on L, Rock R back, Recover weight on L

To finish facing forward:

The music ends during the 11th repetition, dance counts 1-16 then add the following:

Step R forward, Make 1/2 turn left taking weight on L, Step R forward...Taa Dah!!