Country State Of Mind



拍数: 68 墙数: 2 级数: Intermediate

编舞者: Melissa Lau (NZ) - July 2020

音乐: Country State Of Mind (feat. Chris Janson) - Josh Turner



Dance begins after 16 counts from main beat

FWD, FLICK & SLAP, BACK, HOOK & SLAP, FWD LOCK, SCUFF

- 1, 2, 3, 4 Step R fwd, flick L behind R and slap with right hand, step L back, hook R in front of L and slap with left hand
- 5, 6, 7, 8 Step R diagonal fwd, lock L behind R, step R diagonal fwd, scuff L fwd (12:00)

FWD, FLICK & SLAP, BACK, HOOK & SLAP, VINE 1/4 LEFT TURN, SCUFF

- 1, 2, 3, 4 Step L fwd, flick R behind L and slap with left hand, step R back, hook L in front of R and slap with right hand
- 5, 6, 7, 8 Step L to side, step R behind, turn 1/4 left stepping L fwd (9:00), scuff R fwd

STOMP, HEEL SWIVELS, KICK, BACK LOCK, KICK

- 1, 2, 3, 4 Stomp R fwd, swivel both heels to right, return both heels to centre, kick R fwd
- 5, 6, 7, 8 Step R back, lock L across R, step back on R, kick L fwd

BACK LOCK, KICK, COASTER, STOMP UP

- 1, 2, 3, 4 Step L back, lock R across L, step back on L, kick R fwd
- 5, 6, 7, 8 Step R back, step L next to R, step R fwd, stomp L next to R keeping weight on R

TOE-HEEL SWIVELS 1/4 LEFT TURN, STOMP UP, TOE-HEEL SWIVELS, STOMP UP

- 1, 2, 3, 4 Twist L toes left, twist L toes left turning 1/4 left (6:00), stomp R next to L keeping weight on L
- 5, 6, 7, 8 Twist R toes right, twist R heel right, twist R toes right, stomp up L next to R

SCISSOR-KICK, KICK, JUMPING CROSS, BACK ROCK-KICK, JUMPING CROSS

- 1, 2, 3, 4 Step L to side, step R next to L, cross L over R, kick R diagonal fwd
- 5, 6, 7, 8 Kick R diagonal fwd, jumping cross R over L kicking up L behind R, rock back on L kicking R fwd, jumping cross R over L kicking up L behind R

BACK ROCK-KICK, JUMPING BACK, JUMPING CROSS, BACK ROCK-KICK, STOMP, STOMP UP, start 'TOE-STRUT' ROLLING VINE

- 1, 2, 3, 4 Rock back on L kicking R fwd, jump back on R kicking L fwd, jumping cross L over R kicking up R behind L, rock back on R kicking L fwd,
- 5, 6, 7, 8 stomp L next to R, stomp up R next to L, point R toe to side, turn ¼ right dropping R heel (9:00)

continue 'TOE STRUT' ROLLING VINE, VAUDEVILLE

- 1, 2, 3, 4 Turn ½ right stepping back on L toe (3:00), drop L heel, turn ¼ right stepping R toe to side (6:00), drop R heel
- 5, 6, 7, 8 Cross L over R, step R diagonal back, tap L heel diagonal fwd, step L on place

CROSS, BACK, HEEL, HOOK

- 1, 2, 3, 4 Cross R over L, step L diagonal back, tap R heel diagonal fwd, hook R in front of L
- * RESTART: on walls 3 and 5 after 64 counts (facing 6 o'clock)
- * TAG: 16-count Tag at the end of wall 4 (facing 12 o'clock) FWD, FLICK & SLAP, BACK, HOOK & SLAP, FWD LOCK, SCUFF

- 1, 2, 3, 4 Step R fwd, flick L behind R and slap with right hand, step L back, hook R in front of L and slap with left hand
- 5, 6, 7, 8 Step R diagonal fwd, lock L behind R, step R diagonal fwd, scuff L fwd

FWD, FLICK & SLAP, BACK, HOOK & SLAP, LEFT VINE, SCUFF

- 1, 2, 3, 4 Step L fwd, flick R behind L and slap with left hand, step R back, hook L in front of R and slap with right hand
- 5, 6, 7, 8 Step L to side, step R behind, step L to side, scuff R fwd

* ENDING: same as *TAG