

Better Alone

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Vicky Hamilton (NZ) & Jordan Hamilton (NZ) - July 2020
音乐: Break My Heart - Dua Lipa



Intro 16 Counts -1 Restart

S1 [1 – 8] WALK, WALK, SHUFFLE FWD, STEP FWD, ½ TURN R, SHUFFLE FWD - 6:00 O'clock

1 – 2 Walk FWD R, Walk FWD L
3 & 4 Step Right FWD, Step Left Together, Step Right FWD
5 – 6 Step L FWD, Pivot ½ Turn R
7 & 8 Step Left Forward, Step Right Together, Step Left Forward
(* Restart here Wall 6 Face 3 O'clock)

S 2 [9 – 16] STEP, SWEEP, STEP SWEEP, JAZZ BOX ¼ R - 3 O'Clock

1 – 2 Step R FWD, Sweep L from back to front
3 – 4 Step L FWD, Sweep R from back to front
5 – 6 Cross R over L, Step L back
7 – 8 ¼ Turn R Step R to side, Step L FWD

S 3 [17 – 24] SKATE X3 , BALL CROSS, KICKBALL CROSS - 9 O'Clock

1 – 2 Skate Right, Skate Left
3 – 4 Slow Skate Right
&5 Step L TOG, Cross R over L
6&7 Kick L diagonally FWD, Step L TOG, Cross R over L
8 Step L to side

S 4 [25 – 32] HITCH, POINT, STEP, STEP FWD, ½ Turn R, STEP FWD, FULL TURN L - 3 O'Clock

1 – 4 Hitch R, Point R FWD, STEP R in place, STEP L FWD
5 – 8 Pivot ½ Turn R, Step L FWD, ½ Turn L Step R back, ½ Turn L Step L FWD

Start again

Restart: Wall 6 Dance to count 16 and Restart (facing 3 O'Clock)

Tag: After Wall 11: Hold, 4 Counts facing 12:00 O'clock

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