

Don't Push me

拍数: 32 墙数: 4 级数: Improver
编舞者: Jiyun Im (KOR) - July 2020
音乐: Don't Push Me - Sweetbox



Intro: 16 counts

S1: PRISSY WALKS, DOUBLE SIDE KICK, SAILOR STEP, (¼ TURN TO L WITH POINT) X2

1-2 Step RF forward over LF(1), Step LF forward over RF(2)
(While doing prissy walks, raise both hands up over head and move to right and left like wave)
3-4 Step RF side kick(3), Step RF side kick(4) (weight on LF)
5&6 Cross RF behind LF(5), Step LF to L side(&), Step RF to R side(6)
7-8 ¼ turn to L pointing LF to side(7) (3:00), ¼ turn to L pointing LF to side(8) (6:00)

S2: SAILOR STEP(L/R), SAMBA OPEN BOX, BACK, SIDE

1&2 Cross LF behind RF(1), Step RF to side(&), Step LF to L side(2)
3&4 Cross RF behind LF(3), Step LF to side(&), Step RF to side(4).
5&6& Cross LF over RF(5), Step RF to side(&), ½ Turn to L stepping LF back(6), RF hitch(&)
7-8 Step RF back(7), ½ turn to L stepping LF to side(8)

S3: SAMBA STEP(R,L), HEEL SWITCH(R,L), HEEL TOUCH, CLAP×2

1&2 Cross RF over LF(1), Rock LF to side(&), Recover on RF(2)
3&4 Cross LF over RF(3), Rock RF to side(&), Recover on LF(4)
5&6& Touch RF heel forward(5), Replace RF beside LF(&), Touch LF heel forward(6), Replace LF beside RF(&)
7&8 Touch RF heel forward(7), Clap(&), Clap(8)

S4: (CROSS ROCK, RECOVER, SIDE)×2, FWD ROCK, RECOVER, ½TURN TO R, FORWARD WALKS(R,L)

1-2& Cross rock RF over LF(1), Recover on LF(2), Step RF to side(&)
3-4& Cross rock LF over RF(3), Recover on RF(4), Step LF to side(&)
5-6 Rock RF forward(5), Recover on LF(6),
7-8 ½ Turn to R stepping RF forward(7), Step LF forward(8)

Tag1(8counts) : After wall 2(6:00), you will dance to 8 counts of tag

Tag 1 step : (CROSS ROCK, RECOVER, SIDE)×2, JAZZ BOX FORWARD

1-2& Cross RF over LF(1), Recover on LF(2), Step RF to side(&)
3-4& Cross LF over RF(3), Recover on LF(4), Step LF to side(&)
5-8 Cross RF over LF(5), Step LF back(6), Step RF to side(7), Step LF forward(8)

Tag2(4counts) : After wall 6(6:00), you will dance to 4 counts of tag

Tag 2 step : JAZZ BOX FORWARD

1-4 Cross RF over LF(1), Step LF back(2), Step RF to side(3), Step LF forward(4)

Thank you♥ Enjoy the dance^^

Email: lpn09061@gmail.com

Last Update: 29 Apr 2022