

Your Hero

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Heru Tian (INA) - July 2020
音乐: Hero - Enrique Iglesias



Intro 16c - No Tag, 2 Restart

Section 1 : Cross Back With Sweep- Behind Side Cross- Side Point- Cross With Back Hook- Back- ¼ Turn L Fwd- Pivot ½ Turn L – ½ Turn L Back

1 Cross (Lf) Behind Rf With Sweep
2 & 3 Behind (Rf), Side (Lf), Cross (Rf)
4 Side Point (Lf)
5 – 6 Cross (Lf) Front Rf With Back Hook, Back (Rf)
& 7 & 8 1/4 Turn L Fwd (Lf), Fwd (Rf), ½ Turn L Recover- ½ Turn L Back (Rf) Facing 9.00

Section 2 : Back Slide- Coaster Step – Sweep- Cross Side Behind- Recover- Side- Back With Sweep- Behind Side

1 Back Slide (Lf)
2 & 3 Back (Rf), Together (Lf), Fwd (Rf) With Sweep
4 & 5 Cross (Lf), Side (Rf), Behind (Lf)
6 & 7 Recover (Rf), Side (Lf), Back (Rf) With Sweep
8 & Behind (Lf), Side (Rf)

Section 3 : 1/8 Turn R Fwd – Recover – ¼ Turn L Side- Cross – ¼ Turn R Back- ½ Turn R Fwd – Back Shuffle- Hook- Walk With Sweep (2x)

1 1/8 Turn R Fwd (Lf) Facing 10.30
2 & 3 Recover (Rf), ¼ Turn L Side (Lf), Cross (Rf)
& 4 ¼ Turn R Back (Lf), ½ Turn R Fwd (Rf) Lift (Lf) Facing 4.30
5 & 6 Back (Lf), Together (Rf), Back (Lf) With Hook
7 Walk (Lf) With Sweep
8 Walk (Rf) With Sweep

Section 4 : 1/8 Turn L Fwd- Pivot 1/4 Turn R- Cross- ¾ Turn L – ¼ Turn L Basic Night Club- Sway Left & Right

1 1/8 Turn L Fwd (Rf) Facing 3.00
2 & 3 Fwd (Lf), ¼ Turn R Recover (Rf), Cross (Lf)
4 & 5 1/4 Turn L Back (Rf), ½ Turn L Fwd (Lf), ¼ Turn L Side (Rf) Facing 6.00
6 & Back (Lf), Recover (Rf)
7 – 8 Sway Left, Sway Right

Restart At Wall 4 And 7 After 4c

Good Luck