

Clark Kent

拍数: 32 墙数: 4 级数: Absolute Beginner
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音乐: Superman - Keith Urban : (amazon)



Intro: 16 Counts On Lyric

S:1 - DIAGONAL STEP, SLIDE, TOUCH, DIAGONAL STEP, SLIDE, TOUCH (SWINGING BOTH ARMS FWD WHEN MOVING FWD)

1-2 Step fwd R to R diagonal, slide L to R
3-4 Step fwd R to R diagonal, touch L to R
5-6 Step fwd L to L diagonal, slide R to L
7-8 Step fwd L to L diagonal, touch R to L

S:2 - STEP BACK R TOUCH L, STEP BACK L STEP R NEXT TO L, WITH CLAPS (OPTIONAL), 2 X HEEL SPLITS

1-2 Step back on R, touch L next to R (clap)
3-4 Step back on L, step R next to L (clap) (weight on both feet)
5-6 Split both heels out, return both heels to centre
7-8 Split both heels out, return both heels to centre

S:3 - GRAPEVINE R, GRAPEVINE L ¼ TURN L

1-2 Step R to R, step L behind R,
3-4 Step R to R, touch L next to R
5-6 Step L to L, step R behind L
7-8 Turning ¼ L step L fwd, touch R next to L (9.00)

S:4 - 2 X HEEL DIGS FWD ON R, 2 X TOUCHES BACK ON R, ROCK FWD R, RECOVER ON L, STEP BACK ON R, TURNING ½ L STEP FWD ON L

1-2 Dig R heel fwd x 2
3-4 Touch R toe back x 2
5-6 Rock fwd on R, recover on L
7-8 Step back on R, turn ½ L step fwd on L (3.00)

Thank you for looking / teaching our dance

Any queries please contact either Julie at snailham56@yahoo.co.uk or
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