

# Superman

拍数: 32                      墙数: 4                      级数: Beginner / Improver  
编舞者: Martine Canonne (FR) & Colin Ghys (BEL) - July 2020  
音乐: Superman - Keith Urban



**Start : 2 x 8 counts - No Tag No Restart**

**[1 – 8] SIDE ROCK, BEHIND-1/4-STEP FWD, ROCK STEP, RECOVER, COASTER STEP**

- 1 – 2                      Step RF to right side, recover onto LF
- 3 & 4                      Cross RF behind LF, turn ¼ left stepping LF forward, step RF forward (09:00)
- 5 – 6                      Step LF forward, recover onto RF
- 7 & 8                      Step LF back, step RF next to LF, step LF forward

**[9 – 16] STEP RF FWD, TURN ½ L & KICK LF FWD, COASTER, ROCK STEP, RECOVER, TRIPLE ½ RIGHT**

- 1 – 2                      Step RF forward, make ½ turn left (keep weight onto RF) & kick LF forward (03:00)
- 3 & 4                      Step LF back, step RF next to LF, step LF forward
- 5 – 6                      RF forward, recover onto LF
- 7 & 8                      Turn ¼ right stepping RF to right side, step LF beside RF, turn ¼ right stepping RF forward (09:00)

**[17 – 24] FULL RIGHT R (OR WALK L&R), ROCK STEP, RECOVER, BACK LOCK BACK , KICK BACK RF BALL STEP**

- 1 – 2                      Turn ½ right stepping LF back, turn ½ right stepping RF forward (09:00) (option : walk LF & RF FWD)
- 3 – 4                      Step LF forward, recover onto RF
- 5 & 6                      Step LF back, step RF crossing over LF, step LF back
- 7 & 8                      Kick RF back, step RF beside LF, step LF forward (weight on LF)

**[25 – 32] STEP TURN, HEEL SWITCHES R&L, MODIFIED JAZZBOX CROSS**

- 1 – 2                      Step RF forward, turn ½ left (weight onto LF) (03:00)
- 3&4&                      Touch heel RF forward, step RF beside LF, touch heel LF forward, step LF beside RF(&)
- 5 – 8                      Cross RF over LF, step LF back, step RF to right side, cross LF over RF (03:00)

**ENDING : Wall 10 : Make a step turn to left and finish the dance facing 12:00**

**HAVE FUN !!!!**

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