

Tusa AB

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Nathalie Damar (LUX/FR) - July 2020
音乐: Tusa - KAROL G & Nicki Minaj



Intro - 32 counts from the beginning – Dance starts with the beats

SIDE, TOGETHER, SIDE SHUFFLE R - POINT, STEP, POINT, STEP

1 - 2 Step R to right, Step L next to right foot
3&4 Step R to right, Step L together, Step R to right
5 - 6 Turn slightly to the right and point L foot forward (pushing L hip forward), Step L together
7 - 8 Turn slightly to the left and point R foot forward (pushing R hip forward), Step R together

SIDE, TOGETHER, SIDE SHUFFLE L – POINT, STEP, POINT, STEP

1 - 2 Step L to left, Step R next to left foot
3&4 Step L to left, Step R together, Step L to left
5 - 6 Turn slightly to the left and point R foot forward (pushing R hip forward), Step R together
7 - 8 Turn slightly to the right and point L foot forward (pushing L hip forward), Step L together

POINT, POINT, COASTER STEP, POINT, POINT, COASTER STEP

1 - 2 Point RF forward, Point RF to right
3&4 Step RF back, Step LF next to RF, Step RF forward (or easier: Triple step on place R,L,R)
5 - 6 Point LF forward, Point LF to the left
7&8 Step LF back, Step R next to L, Step LF forward (or easier: Triple step on place L,R,L)

MAMBO R, MAMBO L, JAZZ BOX ¼ R

1&2 Rock R to right, Recover on LF, Step R together
3&4 Rock L to left, Recover on RF, Step LF together
5 - 8 Cross RF over left, Turn ¼ R and step back LF, Step R to side, Step L together

TAG: Very easy (6 counts) tag at the end of wall 4 (12h) Clap hands 6 times

(Note: Similar dance to “ TUSA ” 48 counts choreographed by Fernando Rey)