Goin' Down



拍数: 32 编数: 2 级数: Beginner / Improver

编舞者: James Hart (USA) - July 2020

音乐: You Only Come Up When I'm Down - Skip Ewing



SLOW, SLOW, QUICK, QUICK

1-2 Step forward on LF and hold3-4 Step forward on RF and hold5-6 Step forward on LF, RF

SLOW, SLOW, QUICK, QUICK

7-8 Step forward on LF and hold
1-2 Step forward on RF and hold
3-4 Step forward on LF, RF

CROSS STEP LF OVER RF, TURNING 1/4 TURN TO LEFT

5-6 Cross step LF over RF

7-8 Step back on RF, turning 1/4 turn to left (CCW)

WEAVE

1	Step LF to left
2	Step RF across LF
3	Step LF to left
4	Step RF behind LF
5	Step LF to left
6	Step RF across LF
7	Step LF to left
8	Step RF behind LF

ROCK STEP SIDE TO 1/4 TURN, STEP PIVOT 1/2 TURN

1-4 Rock step LF to left side, weight to RF, pivot 1/4 turn on RF to right and step LF forward, hold

5-8 Step RF forward, 1/2 turn to left (CCW) with weight going to LF, step RF forward, hold

START OVER

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