

My Special Place

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Beginner
编舞者: Melissa Lau (NZ) - July 2020
音乐: The Little White Church - Gail Russell



Dance begins on vocals after 20 counts

HEEL STRUTS, FWD MAMBO, HOLD

1, 2, 3, 4 Step R heel fwd, drop R toes, step L heel fwd, drop L toes (12:00)
5, 6, 7, 8 Rock R fwd, recover onto L, step R slightly back, hold

TOE STRUTS, COASTER, HOLD

1, 2, 3, 4 Step L toes back, drop L heel, step R toes back, drop R heel
5, 6, 7, 8 Step L back, step R next to L, step L fwd, hold

2x SIDE ROCK-CROSS-HOLD

1, 2, 3, 4 Rock R to side, recover onto L, cross R over L, hold
5, 6, 7, 8 Rock L to side, recover onto R, cross L over R, hold
(option on front and back walls: 2x STEP-LOCK-STEP-HOLD) 1, 2, 3, 4 Step R fwd, lock L behind R, Step R fwd, hold
5, 6, 7, 8 Step L fwd, lock R behind L, Step L fwd, hold

'SLOW' ¼ RIGHT MONTEREY

1, 2, 3, 4 Point R to side, hold, ¼ turn right bringing R to L, hold (3:00)
5, 6, 7, 8 Point L to side, hold, step L next to R, hold

'SLOW' JAZZ BOX-HEEL STRUT

1, 2, 3, 4 Cross R over L, hold, step L back, hold
5, 6, 7, 8 Step R to side, hold, step L heel fwd, drop L toes

* RESTART: on wall 5 after 16 counts (facing 12 o'clock)

* ENDING: on last wall after 32 counts, 'SLOW' ¼ RIGHT JAZZ BOX to finish at the front

1, 2, 3, 4 Cross R over L, hold, turn ⅛ right stepping back on L, hold
5, 6, 7, 8 Turn ⅛ right stepping R to side, hold, step L fwd, hold

Last Update – 25 July 2020