

Bella Ciao

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Heru Tian (INA) - July 2020
音乐: Bella Ciao By La Casa De Papel



Intro : 32 Counts - 1 Tag, 1 Restart

Section 1 : Shuffle Step- Shuffle Step- Back (3x)- Together

1 & 2 Fwd (Rf), Together, Fwd (Rf)
3 & 4 Fwd (Lf), Together, Fwd (Lf)
5 – 8 Back (Rf), Back (Lf), Back (Rf), Together (Lf)

Section 2 : Big Step- Hold- Behind Side Cross- Point- Hitch- Side Shuffle With Turn R

1 Big Step (Rf)
2 Hold
3 & 4 Behind (Lf), Side (Rf), Cross (Lf)
5 – 6 Side Point (Rf) , Hitch (Rf)
7 & 8 Side (Rf), Together (Lf), ¼ Turn R Forward (Rf) Facing 3.00

Section 3 : Heel Touch (2x)- Back Touch (2x)- Side Touches- Side Shuffle

1 – 2 Heel Touch (Lf) 2x
3 – 4 Back Touch (Lf) 2x
5 – 6 Side (Lf), Touch (Rf)
7 & 8 Side (Rf), Together (Lf), Side (Rf)

Section 4 : Cross Rock- Side Shuffle With Turn L- Pivot ½ Turn L- Full Turn L

1 – 2 Cross (Lf), Recover (Rf)
3 & 4 Side (Lf), Together (Rf), ¼ Turn L Forward (Lf) Facing 12.00
5 – 6 Fwd (Rf), ½ Turn L Recover
7 – 8 ½ Turn L Back (Rf) , ½ Turn L Fwd (Lf) Facing 6.00

Tag (4c) : At Wall 4

Rocking Chair

1 – 4 Fwd (Rf), Recover, Back (Rf), Recover

Restart At Wall 3 After 16c

With Step Change At End Of Section 2 :

7 - 8 Side (Rf), Together (Lf)

Note : Dance In Slow Count At Wall 5
