# Good and Ready



编舞者: Tri Artiyanti (INA) - July 2020 音乐: When I'm Good and Ready - Sybil



### Restart on W 2,5,9 after 24 C

## I. STEP, CROSSOVER TOUCH(R-L), STEP, CROSS BEHIND TOUCH (R-L)

1-2	Step L to L side, Touch R cross over L
3-4	Step R to R side, Touch L cross over R
5-6	Step L to L side, Touch R cross behind L
7-8	Step R to R side, Touch L cross behind R

### II. LINDY STEP, ROCKING CHAIR

1&2	Step L to L side, R close to L, step L to L side
3-4	Step R back, recover to L
5-6	Step R forward, recover to L
7-8	Step Step R back, recover to L

#### III. LINDY STEP, V STEP

1&2	Step R to R side, L close to R, step R to R side
3-4	Step L Back, recover to R
5-6	Step L to L diagonal, step R to R diagonal
7-8	Step L back to centre, R close to L

### IV. TOE STRUTS, FORWARD ROCK, TURN 1/4 L, CLOSE

1-2	L Toe Touch Forward, drop L
3-4	R Toe Touch forward,drop R
5-6	Step L forward, Recover to R
7-8	Turn 1/4L step L to side,R close to L

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