

# Salsa Senior

拍数: 64      墙数: 4      级数: Improver Salsa  
编舞者: Sascha Wolf (DE) - July 2020  
音乐: Señor Mentira - Daniela Darcourt



## Part 1: Salsa Basic (Mambo Step)

123            (4) LF fwd, RF on Place, LF close beside RF, hold  
567            (8) RF fwd, LF on Place, RF close beside LF, hold

**Steps of PART 1 are the Steps for the TAG after Wall 1 & 5.**

**Option: If u like u can also dance side rock, so CUCARACHE. FEEL FREE**

## Part 2: Cucaracha, 3/4 Turn

123            (4) LF to side, RF on Place, LF cross over RF, hold  
567            (8) 1/4 turn to left and RF back, 1/2 pivot to left and LF fwd, RF step fwd, hold

## Part 3: Mambo Step, Run Run Run

123            (4) LF fwd, RF on Place, LF close beside RF, hold  
567            (8) RF step back, LF step back, RF step back, hold

## Part 4: Cuban Basic (Rock Step Back)

123            (4) LF bwd behind RF, RF on Place, LF to side, hold  
567            (8) RF bwd behind LF, LF on Place, RF to side, hold

## Part 5: 2 x Chassé

1234            LF to side, RF close to LF, LF to side, turn 1/4 to left (a touch will help)  
5678            RF to side, LF close to RF, RF to side, turn 1/4 to left (a touch will help)

## Part 6: Chassé, Side Rock Step

1234            LF to side, RF close to LF, LF to side, turn 1/4 to left (a touch will help)  
567            (8) RF to side, LF on Place, RF close to LF, hold

## Part 7: Point Step

1234            LF tap fwd, LF step, RF tap fwd, RF step  
5678            LF tap fwd, LF step, RF tap fwd or Stomp\*, RF Flick back while turn a 1/2 left on LF

**\* A point or a Stomp are both Option, you can use to interpret music.**

**Instead of Stomp/Point Flick you can also dance a Step Turn to left with 1/2 turn**

## Part 8: Mambo Step, Hip Shake

123            (4) RF fwd, LF on Place, RF close beside RF, hold  
5678            Tap LF slightly fwd and push ur Hip up, down, up, down

**HAVE FUN**