

Esa Boquita

COPPERKNOB
BYEPOSTETS

拍数: 48 墙数: 2 级数: Phrased Improver
编舞者: Lucy Aprilina Lo (INA) - July 2020
音乐: Esa Boquita - J Álvarez



Sequences: AABB- A tag- AABB -A- BB
Start on lyric Nombre

Part B: 32 counts

SESSION 1: SIDE- TOUCH –SIDE - TOUCH- CHASSE

1&2& step R to side- touch L beside R- step L to side-touch R beside L
3&4& step R to side- step L beside R- step R to side- Touch L beside R
5&6& Step L to side- touch R beside L- step R to side
7&8& step L to side- step R beside L- step L to side- kick Rf diagonal forward to R

SESSION 2: ROCK BACK-RECOVER- SIDE- KICK BEHIND- SIDE -CROSS- SIDE ROCK - RECOVER- CROSS

1&2& Rock R behind L- recover on L- Step R to side- Kick Lf diagonal forward to L
3&4& Rock L behind R- recover on R- Step L to side- kick Rf diagonal forward to R
5&6 cross R behind L- step L to side – cross R over L
7&8 Rock L to side- recover on R- cross L over R

SESSION 3: CHASSE- SAILOR TURN- PADDLE TURN L

1&2 Step R to side- step L beside R- step R to side
3&4 Step L behind R- turn ¼ L, step R in place- step L forward
5&6&7&8 Tap R to side- recover on L -turn ¼ L, tap R to side- recover on L- turn ¼ L , tap R to side- recover on L- touch R beside L

SESSION 4: BOTAFOGO - ½ DIAMOND

1&2 Cross R over L- step L to side on ball- step R in place
3&4 Cross L over R- step R to side on ball - step L in place
5&6 cross R over L- turn 1/8 R, step L back- step R back and hitch Lf (facing 4.30)
7&8 Step L back- turn 1/8 R-, step to side – step L forward (facing 6.00)

PART B: 16 c

SESSION 1: SKATE R L- DIAGONAL FORWARD SHUFFLE- SKATE L R- DIAGONAL FORWARD SHUFFLE

1-2 Skate Rf to diagonal R- Skate Lf to diagonal L
3&4 Step R diagonal forward- step L beside R- step R diag forward
5-6 skate Lf to diagonal L- Skate Rf to diag R
7&8 step L diagonal forward- step R beside L- step L diagonal forward

SESSION 2: MAMBO – ½ PIVOT- WALK WALK WALK

1&2 Rock R forward- recover on L- step R beside L
3&4 Rock L back- recover on R- step L beside R
5&6 step R forward – turn ½ L, step L in place- step R forward
7&8 step L- R -L in small step (little run)

TAG 4 Count after Wall 5

1234 step R forward- touch L beside R - step L back- touch R beside L (with shimmy shoulder)

Enjoy the dance!! Please like and share
Contact me: lucie2704@gmail.com

