

# No Bull

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Improver  
编舞者: Dick Rogers (USA) & Nancy Rogers (USA) - August 2019  
音乐: On My Way - Moonshine Bandits



**Other Music:** Down and Dirty (The Road Hammers) [102 bpm]; works well with strong beat 85-105 bpm music such as by Gangstagrass, Moonshine Bandits, and others.

**Note:** No Tags Or Restarts.

**Starting Position:** Weight on right foot

## STEP FWD, SCUFF, STOMP x3, STEP FWD, HOOK BEHIND, STEP BACK, DRAG AND HOOK IN FRONT

1-2            Step LF fwd (1), scuff RF past LF (2)  
3&4            Stomp RF slightly fwd keeping weight over LF (3), stomp RF with weight still over LF (&),  
                  stomp RF fwd with weight (4)  
5-6            Step LF fwd (5), hook RF behind LF (6)  
7-8            Big step back on RF (7), drag LF to RF and hook LF across R knee (8)

## STOMP x3, STEP FWD AND PIVOT ¼ L, STEP L, BEHIND, SIDE, CROSS, SIDE, DRAG

1&2            Stomp LF slightly fwd keeping weight over RF (1), stomp LF with weight still over RF (&),  
                  stomp LF fwd with weight (2)  
3-4            Step RF fwd and pivot ¼ L (3), fall\* step LF to L (4)  
**\* Fall step: Shift body weight to L slightly ahead of step to L. It should feel like you are falling L, but catch yourself as you step L.**  
5&6            Step RF behind LF (5), step LF to L (&), step RF in front of LF (6)  
7-8            Big side step to L on LF (7), drag RF toward LF (do not transfer any weight to RF) (8)

## HOOK, UNWIND, CROSS ROCK, RECOVER, STEP, POINT R, POINT L, R TOE BACK, L HEEL FWD

1-2            Complete RF drag and hook RF behind LF with partial weight (1), unwind ½ R and transfer  
                  full weight to RF (2)  
3&4            Cross rock LF in front of RF (3), recover on RF (&), step LF beside RF (4)  
5&6&            Touch R toe to R (5), step RF beside LF (&), touch L toe to L (6), step LF beside RF (&)  
7&8            Turn ¼ L and touch R toe back (7), step RF beside LF (&), touch L heel fwd (8)

## STEP LF FWD, STEP R AND PIVOT ¼ L, RIDE BULL AND TURN ½ L, POINT R, TOGETHER, POINT L

1-2            Step LF fwd (1), step RF fwd and pivot ¼ L (2)  
3&4&5&6        Ride bull and turn ½ L: rock to L turning 1/8th L (3), rock to R (&), rock to L turning 1/8th L  
                  (4), rock to R (&), rock to L turning 1/8th L (5), rock to R (&), rock to L turning 1/8th L (6)

**Styling option:** Right hand on hat, and raise and lower left arm out to L side as if riding a bucking bull.

7&8            Touch R toe to R (7), step RF beside LF (&), touch L toe to L (8)

## START OVER

Hope you have fun with this one!

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