

My Rifle My Pony and Me

COPPER **KNOB**
BY STEPHANETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Greywolf (NL) & Wiya Wambli (NL) - July 2020
音乐: Daddy Redneck – My Rifle, My Pony And Me (103 bpm)



Start after 8 counts.

HEEL, POINT, SHUFFLE FORWARD, ROCK STEP, FULL TURN LEFT ON THE SPOT

1 RF touch heel forward
2 RF point toe back
3&4 Shuffle forward R-L-R
5 LF rock forward
6 Weight back on RF
7&8 Full turn left on teh spot L-R-L (Option: L-R-L on the spot)

ROCK STEP, SHUFFLE ½ TURN RIGHT, CROSS ROCK, CHASSE LEFT WITH ¼ TURN LEFT

9 RF rock forward
10 Weight back on LF
11&12 ½ turn right, Shuffle forward R-L-R (6)
13 LF rock/cross over RF
14 Weight back on RF *
15 LF step left
& RF step next to LF
16 ¼ turn left, LF step forward (3)

CROSS ROCK & CROSS ROCK &, JAZZBOX CROSS

17 RF rock/cross over LF
18 Weight back on LF
& RF step next to LF
19 LF rock/cross over RF
20 Weight back on RF
& LF step next to RF
21 RF cross over LF
22 LF stepback
23 RF step right
24 LF cross over RF

SHUFFLE BACK, SHUFFLE BACK, BACK ROCK, WALK, WALK

25&26 Shuffle back R-L-R
27&28 Shuffle back L-R-L
29 RF rock back
30 Weight back on LF
31 RF step forward
32 LF step forward

Start over.

*** End: In de 5th wall:**

Dance 1-14 and then: TRIPLE STEP ½ TURN LEFT, STEP TOGETHER

15&16 ½ turn left L-R-L on the spot
17 RF step next to LF.

https://www.facebook.com/martin.michiels.16/videos/1847985488677858/?epa=SEARCH_BOX
