

A Bluebird In My Heart

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Low Intermediate
编舞者: Mary Fontaine (USA) - July 2020
音乐: Bluebird - Miranda Lambert



START ON LYRICS, 2 RESTARTS

R ROCK & HEEL, & L ROCK & HEEL, & WALK R,L, OUT OUT IN IN

1&2&3&4& Rock R to side, recover L, touch R heel forward, & step R together, rock L to side, recover R, touch L heel forward, & step L together

5,6, &7&8 Walk R, L, Step R to side, step L to side, step R together, step L together

R ½ MONTEREY, L ROCK & CROSS, R ½ MONTEREY, L COASTER

1,2,3&4 Touch R out to side, turn R ½ turn bringing R next to L, rock out on L, recover on R crossing L over R

5,6,7&8 Touch R out to side, turn R ½ turn bringing R next to L, step back on L & back on R, step forward on L

UNWIND ¼ R, L ROCK & CROSS, R ROCK & CROSS, L COASTER

1,2,3&4 Touch R toe behind L, unwind ¼ turn R with weight on R, rock out on L, recover on R crossing L over R

5&6,7&8 Rock out on R, recover on L crossing R over L, step back on L & back on R, step forward on L

ROCK FORWARD R, ½ TURN R, R SHUFFLE, SYNCOPATED VINE L, TOUCH R

1,2,3&4 Rock forward on R, recover on L, turn ½ R while shuffling forward R, L, R

5&6&7,8 Step L to side, & step R behind L, & step slightly L, & cross R over L, & step L to side, touch R next to L

REPEAT

RESTARTS:-

WALL 3---RESTART AFTER 16 COUNTS

WALL 7---RESTART AFTER 4 COUNTS

CONTACT: mfontaine817@yahoo.com