

Oh Candida

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ira Weisburd (USA) - July 2020
音乐: Candida - Tony Orlando & Dawn



Intro: 32 counts. Start on "Stars" @ 10 sec.

*One Easy TAG @ 12:00.

PART I. (R LINDY; SIDE TOE STRUT, CROSS TOE STRUT)

1&2 Step R to R, Step-close L beside R, Step R to R
3-4 Step L back, Recover forward onto R
5-6 Touch L toe to L, Step L heel down with weight onto L
7-8 Touch R toe across L, Step R heel down with weight onto R

PART II. (L LINDY; 1/4 R MONTEREY TURN)

1&2 Step L to L, Step-close R beside L, Step L to L
3-4 Step R back, Recover forward onto L
5-6 Touch R toe to R, Bring R beside L as you twist your L heel to the L making 1/4 R Turn (3:00)
7-8 Touch L toe to L, Step-close L beside R

PART III. (FORWARD, CROSS, BACK, SIDE; FORWARD TRIPLE STEP, FORWARD TRIPLE STEP)

1-2 Step R forward, Step L across R
3-4 Step R back, Step L to L
5&6 Step R forward, Step-close L next to R, Step R forward
7&8 Step L forward, Step-close R next to L, Step L forward

PART IV. (FORWARD, RECOVER, SHUFFLE 1/2 R; SHUFFLE 1/2 R, ROCK BACK, RECOVER)

1-2 Step R forward, Recover back onto L
3&4 Step R back making 1/4 R Turn (6:00), Step-close L beside R, Step R forward making 1/4 R Turn (9:00)
5&6 Step L forward making 1/4 R Turn (12:00), Step-close R beside L, Step L back making 1/4 R Turn (3:00)
7-8 Step R back, Recover forward onto L

REPEAT DANCE.

NOTE: On Wall 8 (9:00) - Do PART I, II & III, TAG. (see below) & RESTART @ 12:00

*TAG. (Forward, Recover, Back, Recover)

1-2 Step R forward, Recover back onto L
3-4 Step R back, Recover forward onto L

Email: dancewithira@comcast.net

Last Update - 11 July 2020