

Sad

拍数: 32 墙数: 4 级数: Beginner
编舞者: Noel Roos (SA) - July 2020
音乐: SAD - Jethro Tait



#32 Count Intro

There Is A 4 Count Tag After The 3rd Wall

Section 1: Mambo Step X2, Rolling Vine With Chasse

1&2 Rock Forward R, Recover, Step R Back
3&4 Rock Back L, Recover, Step L Forward
5-6 1/4 Turn Right Stepping R To Side, 1/2 Turn Right Stepping Back On L
(Easier Option: Grape Vine)
7&8 1/4 Turn Right Stepping Rlr (12:00)

Section 2: Mambo Step X2, Vine With Chassewith 1/4 Turn

1&2 Rock Forward L, Recover, Step L Back
3&4 Rock Back R, Recover, Step R Forward
5-6 Stepp L To Side, Step R Behind L
(Easier Option: Grape Vine)
7&8 1/4 Turn Left Stepping Lrl (9:00)

Section 3: Jazz Box, Step Touches X2

1-4 Step R Over L, Step L Back, Step R To Side, Step L Forward
5-6 Step R Forward, Touch L Beside R
7-8 Step L Back, Touch R Beside L

Section 4: Point , Touch, Point, Behind, Side, Cross X2

1&2 Point R To Side, Touch R Beside L, Point R To Side
3&4 Step R Behind L, Step L To Side, Step R Over L
5&6 Point L To Side, Touch L Beside R, Point L To Side
7&8 Step L Behind R, Step R To Side, Step L Over

There Is A 4 Count Tag After Wall 3

Walk, Hold X2

1-4 Step Forward R, Hold, Step Forward L, Hold

Hope You Enjoy!!