

Vaya Con Dios (My Darling)

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: High Beginner
编舞者: Vikki Morris (UK) - July 2020
音乐: Vaya Con Dios - Framed : (amazon)



Start: 8 counts on the word "Sleeping"

S1: R Extended Vine, R Chasse, L Back Rock, Recover R

1 2 Step Right to Right side, Cross Left behind Right
3 4 Step Right to Right side, Cross Left over Right
5&6 Step Right to Right side, Step Left next to Right, Step Right to Right side
7 8 Rock back on Left, Recover on Right

S2: L Extended Vine, L Chasse, R Back Rock, Recover L

1 2 Step Left to Left side, Cross Right behind Left
3 4 Step Left to Left side, Cross Right over Left
5&6 Step Left to Left side, Step Right next to Left, Step Left to Left side
7 8 Rock back on Right, Recover on Left

S3: R Monterey X 2

1 2 Point Right to Right side, Turn ¼ Right stepping on Right
3 4 Point Left to Left side, Step Right next to Left
5 6 Point Right to Right side, Turn ¼ Right stepping on Right
7 8 Point Left to Left side, Step Right next to Left (6 o clock)

S4: R Side Tog, Bounce x 2, L Side Tog, Bounce X 2

1 2 Step Right to Right side, Step Left next to Right (body facing Left diagonal)
3 4 Lift arms up, Palms facing upwards as you bounce on heels twice (& shout whoop, whoop)
5 6 Step Left to Left side, Step Right next to Left (body facing Right diagonal)
7 8 Lift arms up, Palms facing upwards as you bounce on heels twice (& shout whoop whoop)

S5: Back R Touch L & Clap, Forward L Touch R & Clap, R Back Lock, Kick L

1 2 Step back on Right, Touch Left next to Right & clap hands
3 4 Step forward on Left, Touch Right next to Left & clap hands
5 6 Step back on Right, Lock Left in front of Right
7 8 Step back on Right, Low kick Left forward

S6: L Coaster, Scuff R, R Lock Step, Scuff L

1 2 Step back on Left, Step Right next to Left
3 4 Step forward Left, Scuff Right
5 6 Step forward Right, Lock Left behind Right
7 8 Step forward Right, Scuff Left

S7: L Rock, Recover R, Step Back L, HOLD, R Coaster, Scuff L

1 2 Rock forward on Left, Recover on Right
3 4 Step back Left, HOLD
5 6 Step back on Right, Step Left next to Right
7 8 Step forward Right, Scuff Left

**** STEP CHANGE WALL ONE, REPLACE COUNT 8 (SCUFF) WITH A LEFT STEP AND RESTART FROM THE BACK WALL (6 0 CLOCK)****

S8: Step L, Scuff R 1/8 L, Step R, Scuff Left 1/8 L, Semi-circle Run, Scuff R

1 2 Step forward Left, Scuff Right 1/8 turn Left (4.30)
3 4 Step forward Right, Scuff Left 1/8 turn Left (3 o clock)
5 6 7 In a Left semi- circle run 1/2 turn L on Left, Right, Left
8 Scuff Right forward (9 o clock)

Ending: You will be facing 9 o clock wall for the Whoop Whoop section, on the 2nd Whoop Whoop turn to the front

Email; gypsyncowgirl70@hotmail.com

Last Update - 16 July 2020
