My Redeemer Lives

级数: Easy Beginner

编舞者: Molly Yeoh (MY) - March 2016

音乐: My Redeemer Lives - Hillsong Worship

No Tag No Restart!

拍数: 32

S1: WALK FORWARD POINT TO SIDES, FOUR TIMES

- Walk Rf fwd, Lf point to L, walk Lf fwd, Rf point to R 1-2-3-4
- 5-6-7-8 Repeat 1-2-3-4 (Clap as you point your foot out)

S2: SWAY HIPS TWICE TO RIGHT AND LEFT, THEN SINGLE COUNT RIGHT LEFT

- 1&2 3&4 Weight on Rf, Sway hips or hip bump to R 2X, hip bump to L 2X
- 5678 Sway hips to R L R L

S3: WEAVE TO RIGHT, WEAVE TO LEFT

- Step Rf to R, Lf step behind Rf, Rf step to R, Lf touch beside Rf 1-2-3-4
- 5-6-7-8 Lf step down to L side , Rf cross behind Lf, Lf step to L, Rf touch beside Lf

S4: DIAGONAL STEPS DOWN TOUCHES, AND ½ TURN

- 1-2-3-4 Rf diagonal step back, Lf touch beside Rf, Lf diagonal step back, Rf touch beside Lf
- Rf diagonal step back, Lf touch beside Rf, 1/2 left turn, Lf step down Rf touch beside Lf and 5-6-7-8 start again

(Putting back gospel dances into stepsheet. Thank you very much for the request!)

Let's start! Worship the Lord with dances!

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墙数:2