

My Redeemer Lives

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Easy Beginner
编舞者: Molly Yeoh (MY) - March 2016
音乐: My Redeemer Lives - Hillsong Worship



No Tag No Restart!

S1: WALK FORWARD POINT TO SIDES, FOUR TIMES

1-2-3-4 Walk Rf fwd, Lf point to L, walk Lf fwd, Rf point to R
5-6-7-8 Repeat 1-2-3-4 (Clap as you point your foot out)

S2: SWAY HIPS TWICE TO RIGHT AND LEFT, THEN SINGLE COUNT RIGHT LEFT

1&2 3&4 Weight on Rf, Sway hips or hip bump to R 2X, hip bump to L 2X
5 6 7 8 Sway hips to R L R L

S3: WEAVE TO RIGHT, WEAVE TO LEFT

1-2-3-4 Step Rf to R, Lf step behind Rf, Rf step to R, Lf touch beside Rf
5-6-7-8 Lf step down to L side, Rf cross behind Lf, Lf step to L, Rf touch beside Lf

S4: DIAGONAL STEPS DOWN TOUCHES, AND ½ TURN

1-2-3-4 Rf diagonal step back, Lf touch beside Rf, Lf diagonal step back, Rf touch beside Lf
5-6-7-8 Rf diagonal step back, Lf touch beside Rf, ½ left turn, Lf step down Rf touch beside Lf and start again

(Putting back gospel dances into stepsheet. Thank you very much for the request!)

Let's start! Worship the Lord with dances!

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