

Superwoman

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Andre Adhitama Rizal (INA) - July 2020
音乐: Superwoman - Karyn White



Start dance on vocal (after 16 counts)

SEQ.I. BASIC NIGHT CLUB-TURN 1/4 BACK-TURN 1/2 SIDE-WALK X3

1-2 & Step R to side, Step L behind close to R, Cross R over L,
3&4&5 Turn 1/4 right (3.00) Step back on L, Turn 1/4 Right (6.00) Step R to side, Turn 1/8 right (7.30)
Walk L R L
6 & 7 Recover on R, Turn 1/8 left (6.00) Step L to side, Turn 1/8 left (4.30) Step R forward
8 & Recover on L, Turn 1/8 right (6.00) Step R to side

SEQ.II. WALK X2-PIVOT-WALK X2-HITCH-BACK SWEEP X2-TOUCH

1-2-3 Step L forward, Step R forward, Step L forward
& 4 & Turn 1/2 right (12.00) weight on R, Walk L R
5-6-7 Hitch L, Step back L with Sweep from front to back, Step back R with Sweep from front to
back
8 & Step back L, Touch R beside L

SEQ.III. DIAMOND-CROSS ROCK-SWAY-SIDE

1 - 2& Step R to side, Squaring 1/8 right (1.30) Step forward L R
3 - 4& Squaring 1/8 right (3.00) Step L to side, Squaring 1/8 right (4.30) Step back R L
5 - 6& Squaring 1/8 right Step R to side (6.00), Cross rock L over R, Recover on R
7 & 8 Sway to left & right, Long step L to side with drag

SEQ.IV. FORWARD-PIVOT-FORWARD-TURN 3/4-CROSS ROCK-SIDE-CROSS ROCK-SIDE-RONDE

1 - 2& Step R forward, Step L forward, Turn 1/2 right (12.00) weight on R
3 - 4& Step L forward, Turn 1/2 left (6.00) Step R back, Turn 1/4 left (3.00) Step L to side
5 & 6 Cross rock R over L, Recover on L, Step R to side
&7&8 Cross rock L over R, Recover on R, Step L to side, Ronde your L from diagonal forward right
to the left

*****TAG on wall 3 (9.00)

BASIC NIGHT CLUB-PIVOT-WALK X2

1 - 2& Step R to side, Step L behind close to R, Cross R over L,
3- 4& Step L to side, Step R behind close to L, Cross L over R
5678 Step R forward, Turn 1/2 left (3.00) Weight on R, Walk R L

*****TAG on wall 7 (3.00)

1 - 2& Step R to side, Step L behind close to R, Cross R over L,
3- 4& Step L to side, Step R behind close to L, Cross L over R,

Cheers, Healthy & Happy

Contact : adhitama.rizal@gmail.com