

Cotton Fields

拍数: 64 墙数: 4 级数: Beginner
编舞者: Marchy Susilani (HK) - July 2020
音乐: Cotton Fields - Creedence Clearwater Revival



Sec 1 : Twist right, hold, twist left hold

1-4 Twist heels to right, left, right, hold
5-8 Twist heels to left, right, left, hold

Sec 2 : Charleston R, L

1-2 Swing R foot to front, and swing to back
3-4 Swing L foot to back and swing to fring
5-8 Repeat 1-4

Sec 3 : Forward diagonal shuffle, brush (R, L)

1-2 Step R forward diagonal right, step L behind R
3-4 Step R forward diagonal right, brush L forward
5-6 Step L forward diagonal left, step R behind L
7-8 Step L forward diagonal left, brush R forward

Sec 4 : Back diagonal, touch (R, L)

1-2 Step R back diagonal right, touch L next to R
3-4 Step L back diagonal left, touch R next to L
5-8 Repeat 1-4

Sec 5 : Toe, heel, cross, hold (R, L)

1-2 Touch toe R, touch heel R, R in front of L
3-4 Cross R over L, hold
5-8 Repeat with L foot

Sec 6 : Toe strut forward pivot ½ L, hold

1-2 Touch toe R forward, down heel
3-4 Touch toe L forward, down heel
5-6 Step R forward pivot ½ L (6:00)
7-8 Step R forward, hold

Sec 7 : Toe strut forward pivot ½ R, hold

1-2 Touch toe L forward, down heel
3-4 Touch toe R forward, down heel
5-6 Step L forward, pivot ½ R (12:00)
7-8 Step L forward, hold

Sec 8 : Side rock, close, hold forward rock ¼ R close

1-2 Side rock R, recover L
3-4 Step R next to L, hold
5-6 Step forward on L, pivot ½ R (3:00)
7-8 Step L next to R, hold

Have fun.