

# 3 Daqat

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Miko Yamamoto (INA) & Yusni Zacharias (INA) - July 2020  
音乐: 3 Daqat (feat. Carolina) - Cyril M



Start on vocal - No Tag No Restart

## S1. R CHASSE - L CHASSE - ROCKING CHAIR

1&2      Step R to right side, step L close beside R, step R to right side  
3&4      Step L to left side, step R close beside L, step L to left side  
5-6      Step R forward, recover on L  
7-8      Step R back, recover on L

## S2. CROSS - TOUCH - CROSS BACK - TOUCH - SWAY

1-2      Step R cross over L, L touch to side  
3-4      Step L cross behind R, R touch to side  
5-6      Step R drop with hips to right, hips to left  
7-8      Sway hips to right, sway hips to left

## S3. JAZZBOX TURN - TOE STRUTS WITH HIP BUM

1-2      R cross over L, ¼ turn right step L back  
3-4      Step R to right side, step L forward  
5-6      R touch forward, drop heel in place with bump hips  
7-8      L touch forward, drop heel in place with bump hips

## S4. V STEP - SHIMMY

1-2      Step R diagonal forward, step L diagonal forward  
3-4      Step R back to center, step L back to center  
5&6      Push right shoulder forward while pushing left should back, push right shoulder back while pushing left shoulder forward, push right shoulder forward while pushing left should back  
7&8      Push right shoulder back while pushing left should forward, push shoulder right forward while pushing left should back, push right shoulder back while pushing left should forward

Contact emails :-

febe.yamamoto@yahoo.com  
yusniherliningsih@gmail.com