

Love it Hurts

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Phrased High Intermediate
编舞者: Jun Andrizar (INA) - July 2020
音乐: Love How It Hurts (feat. Tina Stachowiak) - Axel Johansson



SEQUENCE : A-B-B-TAG-A-B-B-A(8Count)-B-B-B

Start on Lyrics

Part A (16 Count)

I. WALK/SWEEP, WALK WALK PRESS, BACK ,1/2 TURN LEFT, BASIC NIGHT CLUB R - L

1 Walk fwd on R sweeping L from back to front
2&3 Walk fwd on L, Walk fwd on R, Press fwd on L
4& Step back on R, 1/2 Turn left step L fwd
5-6& Step R to side , slightly L behind R, Recover on R
7-8& Step L to side, slightly R behind L, Recover on L

II. WALK/SWEEP, WALK WALK PRESS, BACK ,1/2 TURN LEFT, BASIC NIGHT CLUB R - L

1 Walk fwd on R sweeping L from back to front
2&3 Walk fwd on L, Walk fwd on R, Press fwd on L
4& Step back on R, 1/2 Turn left step L fwd
5-6& Step R to large side , slightly L behind R, Recover on R
7-8& Step L to large side, slightly R behind L, Recover on L

Part B (32 Count)

I. ROCK FWD, STEP TOGETHER, WALK L - R ,ROCK FWD, SHUFFLE 3/4 TURN LEFT

1-2 Rock fwd on R, Recover on L
&3-4 Step R next to L, Walk fwd L - R
5-6 Rock fwd on L, Recover on R
7&8 Shuffle 3/4 Turn left Stepping L,R,L (3:00)

II. ROCK FWD, STEP TOGETHER, WALK L - R , ROCK FWD, SHUFFLE 1/2 TURN LEFT

1-2 Rock fwd on R, Recover on L
&3-4 Step R next to L, Walk fwd L - R
5-6 Rock fwd on L, Recover on R
7&8 Shuffle 1/2 Turn left Stepping L,R,L (9:00)

III. PRESS PUSHING WITH HIPS, STEP BACK, 1/2 TURN LEFT, STEP FWD, BRUSH, MODIEFED COASTER STEP

1-2 Step R pushing hips fwd, Recover on L
3&4 Step back on R, 1/2 Turn left Stepping on L fwd, Step fwd on R
5-6& Brush on L, Cross L over, Step back on R
7-8 Step L next to R, Step R fwd

IV. 1/2 TURN RIGHT, HOOK, SYNCOPATED LOCK SHUFFLE, ROCK FWD, CHASSE 1/4 TURN LEFT

1 1/2 Turn right weight on L hook R over L
2&3 Step R fwd, Step lock L behind R, Step R fwd
&-4 Step lock L behind R, Step R fwd
5-6 Rock fwd on L, Recover on R
7&8 1/4 Turn left Step L to side, Step R to L, Step L to side (6:00)

TAG

1234 Step R to side, Rise Up your Arms...

