

March March

拍数: 32 墙数: 4 级数:
编舞者: Kade Stotler - July 2020
音乐: March March - The Chicks



#16 Counts Intro. Start with vocals

Stamp front, Toe back, 1/2 Turn, Step, Fist pump with toe, double heels R/L

1-4 Stamp R front, R toe back, 1/2 turn clockwise to the R with weight shift to R foot, step L
5 & 6 R toe, double heel while pumping R fist
7 & 8 L toe, double heel while pumping R fist

Toe out to the side, together, out, shift weight to R, then L, R foot flick to 1/2 turn, Kick ball change

1 & 2 R point to R side, bring back together and point back out again
3-4 slowly shift weight to that right side and bring in left foot.
5-6 R foot flick behind as flair before about face 1/2 turn clockwise R shift weight again to L foot
7 & 8 kick R forward, back on the R, weight shift to the L (kick ball change)

Cha cha back, full turn, grape vine modified, 3/4 turn

1 & 2 Step back R, together L, forward R
3 - 4 full turn in two steps L, R
5 & 6 & 7 Grapevine modified: cross front L, side R, cross back L, hop on R foot with left heel dig,
& 8 hop onto L foot and 3/4 turn counter clockwise to the left

Kick front, back, turn 1/2 turn to back leg in right angle like front march, look L, 1/4 turn left marching, look L, 1/4 turn marching

1-4 Kick R foot forward, kick R foot back, turn clockwise 1/2 turn towards back foot and leave it up at 90 degree angle, march R, L
5 & 6 Look L, march R, L 1/4 turn counterclockwise towards left
7 & 8 Look L, March R, L, while turning counterclockwise towards left 1/4 turn
(new facing is 1/4 turn clockwise to R each time)

START OVER
