

Swing The Mood

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Wayne Beazley (AUS) - June 2020
音乐: Mood Swing - Jason Blaine : (iTunes and Spotify)



Start position: feet together weight on Left, 32 count intro, No tags/restarts.

S1: Rock R fwd, Recover & R Tog, Rock L Back, Recover, Walk fwd LR-Turning $\frac{3}{4}$ R, L Cross Shuffle

12& Rock R fwd, Recover weight on L & Step R tog
34 Rock L back, Recover weight on R
56 Step L fwd, Turn $\frac{3}{4}$ R – Step R to side (9 o'clock)
7&8 (cross shuffle) Step L across R & Step R tog, Step L across R

S2: Side R, Twist L Heel, Side L, Twist R Heel, Rock Side, Recover, Cross Shuffle

12 Step R to side, Twist L heel towards R (click fingers)
34 Step L to side, Twist R heel towards L (click fingers)
56 Rock R to side, Recover weight on L
7&8 (cross shuffle) Step R across L & step L tog, step R across L

S3: Freeze L & Rock L to L, Recover, L Across, R to R, Step L Behind R

1234 Step L to side, step R behind L, step L to side, step R across L
& Rock L to side
56 Recover weight on R, step L across R
78 Step R to side, step L behind R

S4: Touch Side & R Tog, Touch Side & L Tog, Kick R fwd & Brush, Kick R fwd & R Tog, Step L fwd, Pivot $\frac{1}{2}$ R, Shuffle fwd

1&2 Touch R to side & step R tog, Touch L to L side
& Step L tog
3&4 Kick R fwd & Brush R foot across L, Kick R foot fwd
& Step R tog
56 Step L foot fwd, Pivot $\frac{1}{2}$ R
7&8 (shuffle fwd) Step L fwd & step R tog, step L fwd (3 o'clock)

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