Viva Forever

拍数: 32

级数: Improver

编舞者: Maryanti (INA) - June 2020

音乐: Viva Forever - Spice Girls

Start dance on vocal

SEC 1: FULL BOX RIGHT, BASIC NIGHT CLUB RIGHT

- 1&2 Step R to side, Step L next to R, Step r forward
- 3&4 Step L to side, Step R next to L, Step L back
- 5-6& Big step R to side, Rock L back, Recover on R
- 7-8& Step L to side, Cross R behind L, Step L to side

SEC 2: DIAGONAL FORWARD ROCK, RECOVER, SIDE, DIAGONAL FORWARD ROCK, RECOVER, SIDE, PIVOT ½ LEFT, PIVOT ½ RIGHT, FORWARD

- 1-2& Rock R forward diagonally L, Recover on L, Step R to side
- 3-4& Rock L forward diagonally R, Recover R, Make ¼ L turn step L forward
- 5-6& Step R forward, Pivot ½ L turn, Step R forward
- 7-8&1 Step L forward, Pivot ½ R turn, Step L forward, Step R forward

Restart here on wall 2, wall 4 & wall 8

SEC 3: HALF DIAMOND, 1/8 LEFT BACK, BACK, BACK COASTER STEP

- 2&3 Make 1/8 R turn step L back, Step R back, Step L back 12.00
- 4&5 Step R to side, Make 1/8 R turn step L forward, Step R forward 1.30
- 6&7 Make 1/8 R turn step L back, Step R back, Step L back
- 8& Step R next to L, Step L forward

SEC 4: SIDE ROCK, RECOVER, CROSS BEHIND, SIDE ROCK, RECOVER, CROSS BEHIN, SWAY, SWAY, CLOSE

- 1-2& Rock R to side, Recover on L, Cross R behind L
- 3-4& Rock L to side, Recover on R, Cross L behind R
- 5-8 Step R to side&sway R, L, R, Close L behid R

Enjoy the dance & Have fun

Restart during wall 2 after 16 Count Restart during wall 4 after 16 Count Restart during wall 8 after 16 Count

For more questions about this dance please contact: jsdc2009@gmail.com





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