

Secret Garden Lullaby

COPPER KNOB
STEPPERS

拍数: 48 墙数: 1 级数: Phrased Intermediate, Waltz
编舞者: Anthony Kusanagi (INA) - June 2020
音乐: Sleepsong - Secret Garden : (Album: Earthsongs)



Pattern: A A A(1-6) – TAG 1 – A A – TAG 1 – B B(1-12) – TAG 2 – TAG 1 – B B B(1-12) – A A – TAG 1 – B B – A A – ENDING

Start dancing on vocal.

PART A: 24 Counts

I. SLIDE – DRAG – SLIDE - DRAG

1-3 R make a big step to right side(1), L drag next to R on ball for 2(two) counts(2-3)

4-6 L make a big step to left side(4), R drag next to R on ball for 2(two) counts(5-6)

II. TWINKLE – FORWARD STEP – SWEEP TURN ½ TO LEFT

1-3 turn 1/8 to left (10.30) then R step forward(1), turn 1/8 to right (12.00) then L step slightly to left side(2), turn 1/8 to right (01.30) then R step slightly forward(3)

4-6 L step forward(4), turn ½ to left (07.30) while R sweep forward for 2(two) counts (5-6)

III. FORWARD WALK – TURN ¼ TO RIGHT – BACKWARD WALK

1-3 walk forward on R(1), L(2), R(3)

4-6 turn ¼ to right (10.30) then walk backward on L(4), R(5), L(6)

IV. TURN ½ TO RIGHT – THREE STEPS TURN – CURVING FEATHER

1-3 turn 1/4 to right (01.30) then R step forward(4), turn ½ to right (07.30) then L step backward(2), turn ½ to right (01.30) then R step forward(3)

4-6 L step forward(4), turn 1/8 to left (12.00) then R step forward(5), L step forward(6)

PART B: 24 Counts

I. FORWARD STEP – FULL TURN PIROUETTE – FORWARD COASTER WITH ARMS ACTION

1-3 R step forward(1), full turn to right on R while L hitch to left side for 2(two) counts (2-3)

4-6 L step forward(4), R step next to L(5), L step backward(6)

(ARM ACTION:

4-5 spread both arms upward for 2(two) counts (4-5)

6 spread both arms downward(6))

II. BEND DOWN WITH FORWARD TOUCH ACTION – STAND UP WITH DRAG ACTION

1-3 L bend down while R touch forward and both arms swipe R leg for 3(three) counts (1-3)

4-6 stand up on L while R drag next to L on ball for 3(three) counts (4-6)

III. HALF DIAMOND FALLAWAY

1-3 turn 1/8 to left (10.30) then R step forward(1), turn 1/8 to right (12.00) then L step to left side(2), turn 1/8 to right (01.30) then R step backward(3)

4-6 L step backward(4), turn 1/8 to right (03.00) then R step to right side(5), turn 1/8 to right (04.30) then L step forward(6)

IV. FORWARD STEP – CURVING FORWARD SHUFFLE – FORWARD STEP – CURVING FORWARD SHUFFLE

1 R step forward(1)

2&3 L step forward(2), turn 1/8 to left (03.00) then R step next to L(&), L step forward(3)

4 turn 1/8 to left (01.30) then R step forward(4)

5&6 L step forward(5), turn 1/8 to left (12.00) then R step next to L(&), L step forward(6)

TAG 1: (3 Counts)

I. CROSSED BEND DOWN – STAND UP WITH DRAG ACTION

1-3 L bend down while R cross over behind L on toe(1), stand up on L while R drag next to L on ball for 2(two) counts (2-3)

TAG 2: (6 Counts)

I. VINE TO RIGHT – SWEEP – VINE TO LEFT

1-3 turn 1/8 to left (10.30) then R step forward(1), turn 1/8 to right (12.00) then L step to left side(2), turn 1/8 to right (01.30) then R step backward(3)

&4 L sweep backward on toe(&), turn ¼ to left (10.30) then L step backward(4)

5-6 turn 1/8 to right (12.00) then R step to right side(5), L step forward(6)

ENDING: (15 Counts)

I. SLIDE – DRAG – SLIDE – DRAG

1-3 R make a big step to right side(1), L drag next to R on ball for 2(two) counts(2-3)

4-6 L make a big step to left side(4), R drag next to R on ball for 2(two) counts(5-6)

II. TWINKLE – FORWARD STEP – SWEEP TURN 1/8 TO LEFT

1-3 turn 1/8 to left (10.30) then R step forward(1), turn 1/8 to right (12.00) then L step slightly to left side(2), turn 1/8 to right (01.30) then R step slightly forward(3)

4-6 L step forward(4), turn 1/8 to left (12.00) while R sweep forward for 2(two) counts (5-6)

III. CROSSED BEND DOWN – STAND UP WITH DRAG ACTION

1-3 L bend down while R cross over behind L on toe(1), stand up on L while R drag next to L on ball for 2(two) counts (2-3)

ENJOY THE DANCE

For more information, please contact me on:
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