

Bye Dear (别知己) (zh)

COPPER KNOB
STEPPERS

拍数: 80 墙数: 4 级数: Phrased Improver
编舞者: LDLG (SG) - 2020年06月
音乐: Bie Zhi Ji (别知己) (DJ版)



Sequence : A,A,A,A,B,A ,hold(4 counts) ,C,C,C,C,A,A,B,A,B,B,A,A
Intro: 40 beats

(A) -32 counts

A-1 :BACK ROCK , ¼ FORWARD SHUFFLE ; ½ TURN FORWARD SHUFFLE

1,2,3&4 RF step back, ¼ right, LF recover, RF forward shuffle,

5,6,7&8 LF step forward ½ right, RF forward cha cha (9 :00)

右脚后回 , 1/4右前恰恰 , 左脚-前踏右1/2转前恰恰

A-2 :SIDE CHASSE ; ½ TURN CROSS SHUFFLE

1,2,3&4 RF step right , LF together , RF side, LF together , RF step ¼ turn right ,

5,6,7&8 LF forward pivot ¼ right , RF pause , LF cross over RF, RF step side, LF cross RF.(3:0)

侧并侧并1/4前踏 , 前踏1/4 , 跨恰恰

A-3 : RUMBA BOX (方块步)

1,2,3&4 RF step right , LF together, RF step back , LF beside RF, RF step back,

5,6,7&8 LF step , RF together , LF forward , RF beside LF , LF forward.(3:00)

侧并 , 退恰恰 , 侧拼 , 前恰恰

A-4 : KICK BALL CHANGE ; JAZZ BOX (踢踏步 ; 菱形步)

1&2 , 3&4 RF forward kick ;LF point at left , LF kick forward , RF point at right

5,6,7,8 RF cross over LF , LF step back, RF step right , LF step left .(3:00)

踢踏点 , 踢踏点 , 跨后旁旁

(B) -32 counts

B-1 FORWARD LOCK , FORWARD CHA CHA ; ½ FORWARD SHUFFLE (前锁步;1/2 前恰恰)

1,2,3&4 RF forward, LF lock behind RF, RF forward, LF behind RF, RF forward

5,6,7&8 LF forward step , 1/2 right RF recover ,LF forward cha cha

右足前踏 , 左在右后交叉踏 , 右前踏。左前踏1/2 , 左前恰恰

B-2 CROSS POINT , COASTER STEP(跨点 , 海岸步)

1,2,3,4 RF cross over LF, LF point left side, LF cross over RF , RF point right

5,5,7&8 RF forward, LF recover, RF step back, LF step beside RF , RF forward

点跨点 , 前回退拼前

B-3 FORWARD LOCK , FORWARD CHA CHA (前锁步) ; 1/4 CROSS SHUFFLE (1/4跨恰恰)

1,2,3&4 LF forward, RF lock behind LF, LF forward, RF behind LF, LF forward

5,6,7&8 RF forward , LF recover , RF cross over LF , LF step side, RF cross over LF.

前锁前锁前, 前踏1/4 cross 恰恰

B-4 : ROCK , RECOVER, CROSS ; COASTER STEP(摇摆跨 , 海岸步)

1&2,3&4 LF step left, RF recover, LF cross over RF ; RF step right, LF recover, RF cross over LF

5,6,7&8 : LF step forward, RF recover, LF step back , RF together, LF forward.

摇摆跨 , 摇摆跨 , 前回退并前。

(C)-16 counts

C-1 :TOURCH OUT/IN , SIDE TOUCH X 2

1,2,3,4 RF touch right out ; touch in next to LF, RF big step to right , LF drag and touch beside RF

5,6,7,8 LF touch left out , touch in beside to RF , LF big step to left, RF drag and touch beside LF

点，点，拉，点

C-2 : FORWARD TOUCH/CLICK

1,2,3,4 RF forward , LF touch beside RF and Click; ½ left turn LF forward ,RF touch beside LF/click
5,6,7,8 ¼ right turn RF forward , LF touch beside RF, ½ left turn , LF forward, RF touch beside
 LF/click.

前踏点，转踏点

Last Update - 5 July 2020
