

Goliath

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Tomasz & Angela (DE) - June 2020
音乐: Goliath - Smith & Thell



Note: The dance begins with the use of the singing

Abbreviations: RF right foot - LF-left foot

S1: Shuffle forward r + l, rock forward, shuffle back turning half r

1 & 2 step forward with right - move L Fan right and step forward with right
3 & 4 step forward with left - step RF towards left and step forward with left
5-6 Step forward with the right - Raise the LF a little - Weight back onto the LF
7 & 8 quarter turn to the right and step right with right - left to right, Approach, quarter turn clockwise and step forward with right - 6 o'clock

S2: Step pivot full r, shuffle forward, rock forward, coaster step

1-2 steps forward with left - full turn clockwise on both feet -Weight at the end on the right
3 & 4 Step forward with the left - Move to the left and step forward with the left
5-6 step forward with right - lift LF a little - weight back onto left foot
7 & 8 step backwards with right - move LF to right and small step forward with right

S3: Vine l, rolling vine r,

1-2 steps to the left with left - Cross RF behind left
3-4 step left with left - touch RF next to left

(Restart: In the 5th round - towards 6 a.m. - cancel here and start again)

(Day / restart: In the 11th round - direction 6 o'clock - break off here, dance the bridge and start over)

5-8 Three steps to the right - doing one full turn to the right (rlr) -Touch LF next to the right

S4: Kick, kick, shuffle in place l, heel - ball - change2x

1-2 Kick LF forward twice
3 & 4 Cha cha on the spot (rlr)
5 & 6 Tap the right heel diagonally at the front - Step right ball next to left, step left foot forward
7 & 8 Like 5 & 6

Day / bridge (after the end of the 2nd and 5th round - 12 p.m.)

T 1-1: Stomp, hold r + l, shuffle in place turning half r (r + l)

1-2 Stomp RF next to the left - hold
3-4 Stomp LF next to right - hold
5 & 6 Cha Cha on the spot, doing a half turn to the right (rlr) 6 o'clock
7 & 8 Cha Cha on the spot, doing a half turn to the right (lrl) at 12 o'clock

T1-2: Stomp, hold r + l, shuffle in place turning half r (r + l)

1-8 Like step sequence T1-1

Last Update - 4 August 2021