Hey Hey You



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音乐: Nite Flyte - You Are



Start on vocal

SEQUENCE: A - A - B - Tag- A (16 count) - A - B - Tag - A (16 count) - A - B - B - B - Tag (*Ending)

PART A - 32 count

A1: BACKWARD WITH TOUCH IN FRONT OF - DROP - FORWARD LOCK SHUFFLE - ROCK SIDE - RECOVER - CROSS BEHIND - SIDE - CROSS OVER

1-2 Push and step LF back while lifting your right toe, push forward while lowering your right toe

and weight on RF

3&4& Step LF forward, close RF beside LF, step LF forward, close RF beside LF

5-6 Step LF forward, step RF to side

7&8& Recover on LF, cross RF behind, step LF to side, cross RF over LF

A2: SIDE - RECOVER - TUR 1/4 LEFT SAILOR - FORWARD DIAGONAL W/ BEND KNEES - SQUARING STREIGHT KNEES IN

1-2 Step LF to side, recover on RF

3&4 Turn ¼ left sweeping Step LF back (9.00), close RF next to LF, step LF forward.

5-6 Skate forward right, skate forward left7-8 Skate forward right, skate forward left

#Restart here to part A with chance step:

*1st

6 Turn ¼ left skate forward left(12.00)
7-8 step RF forward, touch LF next to RF

**2nd

7-8 Turn ¼ right skate RF forward (6.00), touch LF next to RF.

A3: ROCK FORWARD - RCOVER - RUN - TURN 3/8 RIGHT FORWARD - FORWARD W/ SWEEP (2X) - FORWARD - RECOVER - LONG BACKWARD W/ DRAG

1-2& Rock RF forward, recover on LF、step RF backward
3-4 Step LF backward, turn 3/8 right step RF forward (1.30)

5-6 Step LF forward while sweep RF from back to front, step RF forward while sweep LF from

back to front

7&8& Rock LF forward, recover on RF, step LF backward, turn ½ right step RF forward (7.30)

A4: TURN ½ RIGHT - FORWARD - PIVOT ½ RIGHT - FORWARD LOCK SHUFFLE - TURN 3/8 JAZZ BOX CROSS - RECOVER - ROCK SIDE - RECOVER

1-2 Step LF forward, pivot ½ right weight on RF (1.30),

Step LF forward, step RF slightly behind RF, step LF forward
 Cross RF over LF. Turn 1/8 right step LF backward (3.00),
 Turn ¼ right step RF to side (6.00), touch LF beside RF

PART B - 32 count

B1: STOMP SLIGHTLY JUMP AND KICK FORWARD - CROSS - BACK - CHASSE - RECOVER - TURN 1/4 LEFT FORWARD WITH FLICK

1-2 Stomp LF slightly jump while kick your RF forward, cross RF over LF

3-4& Step LF backward, step RF to side, close LF next to RF

5-6 Step RF to side, recover on LF

B2: FORWARD - PIVOT ¾ LEFT - ROCKING CHAIR - TURN ¼ LEFT TOUCH - TURN ¼ LEFT SIDE - TWIST

1-2 Step RF forward, pivot ¾ left (12.00) weight on LF

3&4& Rock RF forward, recover on LF, rock RF backward, recover on LF

5-6 Turn ¼ left touch RF to side weight on LF (9.00), turn ¼ left step RF to side (6.00)

7&8& Twist both of heels to left, right, left, centre

B3: JUMP BACK - FORWARD - TOUCH FORWARD - BACKWARD - TOUCH BACKWARD - SIDE - TOUCH BEHIND - SIDE

Jump both foots back, step RF forward
Touch LF forward, step LF backward
Touch RF backward, step RF to side
touch LF behind RF, step LF to side

B4: TOUCH BEHIND - TURN ¼ RIGHT BOTAFOGO - TURN ¼ LEFT BOTAFOGO - FORWARD - RECOVER - BACK - RECOVER - CLOSE

1-2& Touch RF behind LF, step RF forward, turn ¼ right rock LF to side (9.00)

3-4& Recover on RF, step LF forward, turn ½ left rock RF to side (6.00)

5-6& Recover on LF, step RF forward, recover on LF

7-8& Step RF backward with your face looking back, recover on LF and look back to the front.

TAG – 8 Count (After part B at 1st, 2nd, 5th *ending)

FORWARD - HOLD - FORWARD - HOLD - SIDE - HOLD FOR 3 COUNTS WITH STYLING

1-2 Step LF forward, hold3-4 Step RF forward, hold

*ENDING -> 3-4 Pivot ½ right weight on RF (12.00), hold

5-6 Step LF to side while your right hand is pointing forward, hold with styling: Touch your right

finger index to your left shoulder

7&8 Hold ...

Styling: Touch your left finger index to your right shoulder, your hands cross on your chest (7), separate each index finger -> right index finger on the right shoulder, left index finger on your left shoulder (&), point both hands forward (8)

Enjoy the dance!

#Staysafe&healthy #Staypassionatetodancing

Update / Revision Stepsheet on 6 August 2020

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