

Walk in It

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Chrissie Trent (NZ) - June 2020
音乐: Walk In It - Aaron Bucks



Intro: 16 Counts

Sequence of dance: 48, 48, 48, 48, 30 (tag), 48, 17

[1 – 8] SIDE, TOG, SHUFFLE FWD, SIDE, TOG, SHUFFLE BACK

1-2 Step R side, Step L next to R
3&4 Shuffle fwd R-L-R
5-6 Step L side, Step R next to L
7&8 Shuffle back L-R-L

[9 – 16] ROCK BACK, REC, KICK-BALL-STEP, ROCK BACK, REC ON DIAGONAL, FULL TURN, FWD

1-2 Rock back R, Recover fwd on L
3&4 Kick R fwd, Step R next to L, Step L in place
5-6 Rock R back, Recover L 1/8th on left diagonal (10:30)
7-8 Step R fwd full turn left, Stepping fwd on L (10:30)

[17 – 24] DIAGONAL ROCK FWD, REC, TOG, ROCK FWD, REC, TOG, ROCK FWD, REC, SHUFFLE BACK

1-2& Diagonal Rock R fwd, Recover L, Step R together (&) (10:30)
3-4& Diagonal Rock L fwd, Recover R, Step L together (&)
5-6 Diagonal Rock R fwd, Recover L
7&8 Shuffle back R-L-R (10:30)

[25 – 32] TOUCH BEHIND, UNWIND, SIDE ROCK, REC, BEHIND-SIDE-CROSS, SIDE ROCK, REC

1-2 Touch L behind R, Unwind 1/2 turn left to face (4:30)
3-4 keeping weight on L Straighten up by stepping R to right side to face (3:00), Recover L
5&6 Step R behind L, Step L side, Cross R over L *Add Tag Here during WALL5 Facing 3:00*
7-8 Side rock L, Recover R (3:00)

[33 – 40] BEHIND-SIDE-CROSS, SIDE, TOG, DIAGONAL LOCKING FWD, ROCK FWD, REC

1&2 Step L behind, Step R side, Cross L over R
3-4 Step R side, Step L together (3:00)
5&6 Step R fwd 1/8th onto R diagonal to face (4:30), Lock L behind R, Step R fwd
7-8 Rock fwd L, Recover R (4:30)

[41 – 48] SHUFFLE BACK, BACK ROCK, REC, 1/2 PIVOT, 5/8 PIVOT

1&2 Shuffle back L-R-L
3-4 Rock back R, Recover L (4:30)
5-6 Step fwd R, 1/2 pivot turn left (10:30)
7-8 Step fwd R, 5/8 pivot turn to face (3:00)

REPEAT DANCE IN NEW DIRECTION

TAG: During WALL 5 facing (3:00)- Dance up to & incl Count 30 (Cross R over L) – then:
Step L side, Touch R next to L - Restart dance

ENDING: Facing (6:00) - Dance up to & incl Count 13 (Rock R back) – then:
Recover fwd L (6:00), Step fwd R pivot 1/2 turn left, Sweep L foot from front to back over 2 counts

