

# Lah De Dah

拍数: 32      墙数: 4      级数: Improver  
编舞者: Kevin Richards (USA) - June 2020  
音乐: Down at the Lah De Dah - Jimmy Buffett



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## [1-8] R Heel Toe, R Shuffle, L Heel Toe, L Shuffle

1-2      Right Heel Extends Forward, Right Toe Touch Back  
3&4      Right Shuffle Forward (R-L-R)  
5-6      Left Heel Extends Forward, Left Toe Touch Back  
7&8      Left Shuffle Forward (L-R-L)

## [9-16] R Grind ¼ R, L Recover, R Coaster, L Rock, R Recover, L Coaster

1-2      Right Heel Grind While Making A ¼ Right, Left Recover (3 O'Clock)  
3&4      Right Coaster Step (R-L-R)  
5-6      Left Forward Rock, Right Recover  
7&8      Left Coaster Step (L-R-L)

## [17-24] R Cross, L Back, R Side, L Cross, R Back, L Side, R Forward, L Together

1-4      Right Cross Over Left, Left Step Back, Right Step Side, Left Cross Over Right  
5-8      Right Step Back, Left Step Side, Right Stomp Forward, Left Stomp Together

## [25-32] R Side, L Tap & Clap, Clap, L Side, R Tap & Clap, R Pivot To L Full Turn

1-2&      Right Step Side, Left Tap Together and Clap, Clap  
3-4      Left Step Side, Right Tap Together and Clap  
5-6      Right Step Forward, Pivot ½ Left  
7-8      Right Step Forward, Pivot ½ Left

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