

Without U On My Body

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Jun Andrizarl (INA) - June 2020
音乐: Cold - James Blunt



Start on Vocal

I. KICK BALL CROSS 2x, SIDE ROCK, 1/4 TURN LEFT

1&2 Kick R foot fwd, Step R in place, Quickly Cross L over R
3&4 Kick R foot fwd, Step R in place, Quickly Cross L over R
5-6 Step R side, Recover on L
7&8 Cross R behind L, 1/4 Turn left step L fwd, Touch R beside L (9.00)

II. ROCK FWD & TOUCH, UP, DOWN & ROCK FWD & POINT L & R

1-2 Rock fwd on R, Recover on L
&3&4 Step back on R, Touch L toe fwd, Bump hips up, Bump hips down (weight on right)
&5-6 Step L next to R, Rock fwd on R, Recover on L
&7&8 Step R next to L, Touch L to side, Step L next to R, Touch R to side

III. BEHIND SIDE CROSS, CROSS SHUFFLE, 1/4 TURN RIGHT, BEHIND SIDE FWD

1-2 Cross R behind L, Step L side
3&4 Cross R over L, Step Lside, Cross R over L
5-6 Step L side, Recover on R
7&8 Cross L behind R, 1/4 turn right step R fwd, Step L fwd (12.00)

IV. WALK R - L, ANCHOR STEP , 3/4 TURN LEFT , L SAILOR STEP

1-2 Walk fwd on R - L
3&4 Locking R behind L, Step weight onto L, Step Slightly back on R
5-6 1/2 Turn left step L fwd, 1/4 Turn left stepping R to side
7&8 Step L behind R, Step R to side, Step L to side (3.00)

V. STEP CROSS, DIAGONAL HEEL FWD, BALL STEP, BEHIND STEP SIDE

1-2 Cross R over L, Step L side
3&4 Cross R behind L, Slightly L back, Heel diagonal R fwd
&5-6 Step R next to L, Cross L over R, Hold
&7-8 Step R side, Cross L behind R, Step R side

VI. CROSS ROCK, CHASSE 1/4 TURN LEFT, PIVOT 1/2 TURN LEFT, SHUFFLE FWD

1-2 Cross L over R, Recover on R
3&4 Step L side, Step R next to L, 1/4 Turn left step L fwd
5-6 Step R fwd, 1/2 Turn left step L fwd
7&8 Step R fwd, Close L to R, Step R fwd (6.00)

#restart here on wall 2 and change step walk fwd R - L

VII. ROCK FWD, JUMP BACK L,R, STEP BACK, KICK BALL STEP FWD

1-2 Rock fwd on L, Recover on R
&3-4 Jump back and out on L, Jump back and out on R, Walk back on L
5-6 Step back on R, Recover on L
7&8 Kick R fwd, Ball step on R to L, Step L fwd

VIII. PIVOT TURN LEFT, 1/2 TURN LEFT BACK SHUFFLE, WALK BACK, COASTER STEP

1-2 Step R fwd, 1/2 Turn left step L fwd
3&4 1/2 Turn left step R back, Close L to R, Step R back

5-6 Step back on L - R
7&8 Step L back, Close R to L, Step L fwd

Restart on Wall 2, after 46 Count and change step on count 7&8 with walk R forward, walk L forward, and Restart the dance

Last Update - 26 June 2020
