

Mama He's Crazy

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Wiesye Baraoh (INA) - June 2020
音乐: Mama He's Crazy - Aine Crehan



NOTED: 32, 32, TAG, 28, 32, 16, 32, 32, TAG, 28, 32, ending

Session 1 : FORWARD, RECOVER, ½ Turn Right- LOCK STEP FORWARD, FORWARD, RECOVER, ¼ Turn Left - CHASSE

1 2 3 & 4 Step R Forward, Recover on L, ½ Turn Right – Step R Forward, Step lock L behind R, Step R Forward

5 6 7 & 8 Step L Forward, Recover on R, ¼ turn Left – Step L to L side, Step R close together L, Step L to L side

Session 2 : CROSS, RECOVER, SIDE, CROSS, ¼ Turn Left- BACK, SIDE, SWAY, SWAY

1 2 3 4 Cross R over L, Recover on L, Step R side to R, Cross L over R

5 6 7 8 ¼ turn Left- Step Back on R, Step L to L side, Sway R, Sway L

***** RESTART on wall 5 *****

Session 3: CROSS, ¼ turn Right-BACK, ¼ turn Right-SIDE, CROSS, RECOVER, SIDE, SWAY, SWAY

1 2 3 4 Step R cross over L, ¼ turn Right- Step back on L, ¼ turn – Step R to R side, Cross L over R

5 6 7 8 Recover on R, Step L to L side, Sway R, Sway L

Session 4: FORWARD, TOUCH, FORWARD, TOUCH, BACK, ½ Turn Left-FORWARD, FORWARD, ¼ Turn Left- RECOVER

1 2 3 4 Step R Forward, Touch L to L side, Step L Forward, Touch R to R side

******* on wall 3 and wall 8 *******

5 6 7 8 Step back on R, ½ turn left- Step L forward, Step R Forward, ¼ turn Left-Recover on L

TAG (After wall 2 & 7) : ROCKING CHAIR

1 2 3 4 Step R forward, Recover on L, Step back on R, Recover on L

Have fun and Enjoy

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