

My Cowgirl

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Coline Barbe (FR) & David LECAILLON (FR) - June 2020
音乐: My Cowgirl - Brett Kissel



start on lyrics

section 1 : Rumba Box, Coaster Step R, Rock Step foward

1&2 step Rf on side, step Lf next to R, step Rf foward 12:00
3&4 step L f on side, step Rf next to L, step Lf back
5&6 step Rf back, step Lf next to R, step Rf foward
7-8 step Lf foward, recover onto R

Restart here on wall 3 with changing steps (7-8) step Lf foward, touch Rf next to L

section 2 :Sailor ¼ Turn L, step ¼ turn L , behind side cross, L side Rock cross

1&2 ¼ turn L step Lf back, step Rf next to L, step Lf foward 9:00
3-4 step Rf foward, ¼ turn Left 6:00
5&6 Cross Rf behind Lf, step Lf next to Rf, cross Rf over L
7&8 stepLf on side, recover onto Rf, cross Lf over R

Restart here on wall 6

section 3 :Mambo ½ R, Step, touch (x2),step side, cross rock foward, Triple ¼ Turn L

1&2 step Rf foward, recover onto L ½ turn Right, step Rf foward 12:00
3&4 step Lf on side, touch (x2) Rf next to Lf
&5-6 step Rf on side, cross Lf over R, recover onto Rf
7&8 ¼ turn L step Lf foward, step Rf next to Lf, step Lf foward 9:00

section 4 :Step ¼ Turn L, R Kick ball point, L Kick ball point, Step R cross, Step L back

1-2 step Rf foward, ¼ turn Left 6:00
3&4 kick Rf foward, step Rf next to L, point Lf on side
5&6 kick Lf foward, step Lf next to R, point Rf on side
7- 8 Cross Rf over L, step Lf back

start again with smile

dadouchoregraphe@outlook.fr