

Nonstop (살짝 설렘) - Oh My Girl

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Candy Song - June 2020
音乐: Nonstop (살짝 설렘) - OH MY GIRL (오마이걸)



Intro : 32 count

SECTION 1: Forward, Step, Recover, Jump

1234 RF forward(1), Lf step(2), Rf recover(3), jump both feet(4)
5678 Lf forward(5), Rf step(6), Lf recover(7), jump both feet(8)

SECTION 2: V-step(Out, out, in, in), Grape Vine to the right

1234 RF step out diagonal R forward(1), LF step out diagonal L forward(2), RF Step back to center(3), LF step next to RF(4),
5678 RF to right(5), LF cross behind RF(6), RF to right(7), LF touch next to RF(8)

SECTION 3: Heel touch, Heel touch, Cross step, step, Hipsway RLRL or Hip Rolls

1234 RF Heel touch Cross over LF(1) touching both hands by the side of the head, RF Heel touch Cross over LF(2) Crossing and touching your shoulders with your hands, Rf cross LF step Put your arms forward and pull your right arm, LF step
5678 RF step(recover)with hipsway R(5), LF step with hipsway L(6), RF step with hipsway R(7), LF step with hipsway L(8)- Place both hands in front of the body and fold them together and turn them around twice.

SECTION 4: Grape Vine to the left with ¼ turn left, Hipsway

1234 LF to left(1), RF cross behind LF(2), LF to left with ¼ left turn(3), RF touch next to LF(4)
5678 RF step right with hipsway R(5), hipsway L(6), hipsway R(7), hipsway L(8)
(option: Instead of hipsway, you can move your right heel and left heel in turn.)

***TAG 4 counts: Happen every time the lyrics "saljjak seollesseo nan(살짝 설렘 난)", Put your hands next to your eyes and look like you're blinking hands. Then put your hands together in the right heart position and shake your shoulders.