

One Way Wind

拍数: 32 墙数: 2 级数: Improver
编舞者: N. Sultje T. (INA) - June 2020
音乐: One Way Wind (dance remix)



Tag1: 12counts (after wall 2 & wall 7)

Tag2: 4counts (after wall 5)

Restart*: On wall 4 & wall 11 dance up to count 20 then restart.

Change step and Restart: On wall 9 dance up to count 28 change touch with step together and then Restart.

Intro: 36 counts

Sec 1: Back, recover, shuffle fwd, fwd, ½ turn, ½ back shuffle

12 Step R behind L, recover on L
3&4 Step R fwd, lock L behind R, step R fwd
56 Step L fwd, pivot ½ R
7&8 ½ turn R step L back, cross R over L, step L back

Sec 2: Back, recover, chasse, back, recover, ¼ turn, ¼ turn

12 Step R behind L, recover on L
3&4 Step R to R, close L next to R, step R to R side
56 Step L behind R, recover on R
78 ¼ turn R step L back, ¼ turn R step R to R side

Sec 3: Cross, recover, long step while dragging, mirror step

1234 Cross L over R, recover on R, long step to L side dragging R towards L. *
5678 Cross R over L, recover on L, long step to R side dragging L towards R

Sec 4: 1/8 turn, ¼ turn sliding, fwd, 1/8 turn sliding, fwd, recover, long step back, drag

12 1/8 turn R step L fwd, ¼ turn L sliding R towards L ending with touch
34 Step R fwd, 1/8 turn R sliding L towards R ending with touch
56 Step L fwd, recover on R
78 Long step back on L, dragging R towards L

Tag 1: 12 counts

Box shuffle

12 Step R to R side, close L next to R
3&4 Step R fwd, lock L behind R, step R fwd
56 Step L to L side, close R next to L
7&8 Step L back, cross R over L, step L back

Tag 2: 4counts

Rocking Chair

1234 Step R back, recover on L, step R fwd, recover on L

Enjoy the dance...Yihaaa!!!

Contact: nstnorma3@gmail.com