

# Gracias A La Vida (Thanks To Life)

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Consolidated Beginner  
编舞者: Maite Alemany (ES) & Maria Jesús Osuna (ES) - June 2020  
音乐: Eso Que Tú Me Das - Jarabe de Palo : (Album: Eso que tu me das, 2020)



Step sheet : M<sup>a</sup> Jesús Osuna

Sequence : intro – 32 – 32 – 116 – tag – 32 – 32 – 16 – tag – 32 – 32 – 32 – 32 – 32 – 32 – 32 – 32 +1  
• The choreography is of one wall but performing the first Restart it becomes 2 walls

Intro : 16 beats

[1-8] ROCK CROSS FWD ( R ) – ¼ TURN and SHUFFLE FWD – PIVOT ¼ TURN R – CROSS SHUFFLE ( L )

1-2            Step right crossed over left, recover on left  
3&4           ¼ turn right stepping right forward, left next to right, step right forward ( 03.00 )  
5-6            Step left forward, ¼ turn left ( 06.00 )  
7&8            Step left crossed over right, small right step to the right, step left crossed over right

[9-16] ROCK SIDE ( R ) – CHASSE TO RIGHT – ROCK SIDE ( L ) – CHASSE TO LEFT

1-2            Step right to the right side, recover on left  
3&4            Step right to the right side, left next to right, step right to the right side  
5-6            Step left to the left side, recover on right  
7&8            Step left to the left side, right next to left, step left to the left side

• During wall 3 and 6 dance up to count 16 and continue with Tag looking at 06.00 and 12.00 respectively

[17-24] STEP FWD ( R ) – ½ TURN L and FLICK – SHUFFLE FWD ( L ) – POINT FWD ( R ) – POINT SIDE – SHUFFLE BWD

1-2            Step right forward, ½ turn left and flick up left ( 12.00 )  
3&4            Step left forward, right next to left, step left forward  
5-6            Point right forward, point right to the right side  
7&8            Step right back, left next to right, step right back

[25-32] FULL TURN BWD – SHUFFLE BWD ( L ) – ROCK BACK ( R ) – WALS FWD ( R – L )

1-2            ½ turn left stepping left forward, ½ turn left stepping right back  
3&4            Step left back, right next to left, step left back  
5-6            Step right back, recover on left  
7-8            Step right forward, step left forward

START AGAIN

TAG

[1-8] [ STEP FWD ( R ) – FLICK ( L ) – ½ TURN L and STEP FWD – FLICK ( R ) ] x2

1-2            Step right forward, flick left  
3-4            ½ turn left stepping left forward, flick right  
5-6            Step right forward, flick left  
7-8            ½ turn left stepping left forward, flick right

[9-16] POINT SIDE ( R ) – STEP FWD – POINT SIDE ( L ) – STEP FWD – POINT SIDE ( R ) – STEP BACK – POINT SIDE ( L ) – STEP BACK

1-2            Point right to the right side, step right forward  
3-4            Point left to the left side, step left forward  
5-6            Point right to the right side, step right back

7-8 Point left to the left side, step left back  
+1

Performed the last wall, 13th, we will add **STEP RIGHT FORWARD** to finish  
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