

Make Up Your Mind

COPPERKNOB
STEPSHEETS

拍数: 96 墙数: 1 级数: Phrased High Beginner
编舞者: Leandro Ciccone (INA) - June 2020
音乐: Perhaps, Perhaps, Perhaps - The Pussycat Dolls : (Album: Doll Domination!)



Sequence: A-Tag-B-Tag-C-B-Tag-D-C-B-Tag-Ending

Start on vocals - Intro 16 counts

Part: A-16 counts

(1-8):STEP FWD & CROSS, TOUCH

1-2 Step L fwd & cross, touch R toe to the R side
3-4 Step R fwd & cross, touch L toe to the L side
5-6 Step L fwd & cross, touch R toe to the R side
7-8 Step R fwd & cross, touch L toe to the L side

(9-16):STEP BACK & CROSS, TOUCH

1-2 Step L back & cross, touch R toe to the R side
3-4 Step R back & cross, touch L toe to the L side
5-6 Step L back & cross, touch R toe to the R side
7-8 Step R back & cross, touch L toe to the L side

Part: B-16 counts

(1-8):WEAVE R, TOUCH, BEHIND-SIDE-CROSS, TOUCH

1-2 Cross L over R, step R to R side
3-4 Cross L behind R, step R toe to the R side
5-6 Cross R behind L, step L toe to the L side
7-8 Cross R over L, touch L toe to the L side

(9-16) Repeat 1-8 part B

Part: C-32 counts

(1-8):ROCK STEP, BACK LOCK SHUFFLE, BACK ROCK, FWD LOCK SHUFFLE

1-2 Step L fwd, recover on R
3&4 Step L back, close R over L, step L back
5-6 Step R back, recover on L
7&8 Step R fwd, close L behind R, step R fwd

(9-16):SIDE ROCK, TRIPLE STEP X2

1-2 Step L to L side, recover on R
3&4 Step L beside R, step R in place, step L in place
5-6 Step to R side, recover on L
7&8 Step R beside L, step L in place, step R in place

(17-32) Repeat 1-16 part C

Part: D-32 counts

(1-8):1/4 R & L ROCKING CHAIR, 1/2 PIVOT R, FWD SHUFFLE

1-4 1/4 turn R & stepping L fwd, recover on R, step L back, recover on R
5-6 Step L fwd, 1/2 pivot turn R
7&8 Step L fwd, step R next to L, step L fwd

(9-16):R ROCKING CHAIR, 1/2 PIVOT L, FWD SHUFFLE

1-4 Step R fwd, recover on L, step R back, recover on L
5-6 Step R fwd, 1/2 pivot turn L
7&8 Step R fwd, step L next to R, step R fwd

(17-24):L ROCKING CHAIR, 1/2 PIVOT R, FWD SHUFFLE

1-4 Step L fwd, recover on R, step L back, recover on R
5-6 Step L fwd, 1/2 pivot turn R
7&8 Step L fwd, step R next to L, step L fwd

(25-32):R ROCKING CHAIR, 1/2 PIVOT L, FWD SHUFFLE

1-4 Step R fwd, recover on L, step L back, recover on L
5-6 Step R fwd, 1/2 pivot turn L
7&8 Make 1/4 turn L step R to R side, close L beside R, step R to R side

#Tag: 16 counts

(1-8):STEP, KNEE PUSH, HAND STYLE

1-4 Step L next to R & knee L push fwd, knee R push fwd, knee L push fwd, knee R push fwd
5-6 Push your R hand fwd with knee L push fwd hold
7-8 Open the L palm facing fwd above the shoulders with knee R push fwd hold

(9-16):HAND STYLE, SHIMMY ROLL

1-2 Open your hands so that your hands are parallel to your shoulders, pull both hands and lift above your head
3-4 Sweep your hair with two palms behind your head to the hips (2 counts)
5-6 Hold it in place with two counts
7-8 Turn the R shoulder in place, turn the L shoulder in place

***(On count 9-16 L knee position fwd (8 count hold))**

**##Ending: The last Tag for ending on count 1-8 (X1) on count 5-8 & 9-12 (X3)
(Follow the tempo at the end of the music and adjust the dance moves)**

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