

Castles

拍数: 32 墙数: 4 级数: Improver
编舞者: Tim Gauci (AUS) - March 2020
音乐: Castles - Freya Ridings : (Album: iTunes single - 3:32)



Begin dance on lyrics, 16 beats in. No tags/restarts.

[1-8] SIDE, BEHIND, SIDE, SIDE, BEHIND, ¼, STEP, LOCK, STEP

1234 Step R to R, step L behind R, step R to R, step L to L 12:00
567&8 Step R behind L, making ¼ turn L step L fwd, step R fwd, lock L behind R (&), step R fwd
9:00

[9-16] STEP, PIVOT ½, STEP, LOCK, STEP, FWD, PADDLE ¼, FWD, PADDLE ¼

123&4 Step L fwd, pivot ½ R, step L fwd, lock R behind L (&), step L fwd 3:00
5678 Step R fwd, paddle ¼ L, step R fwd, paddle ¼ L 9:00

[17-24] CROSS, SIDE, BEHIND, TOUCH, CROSS, SIDE, BEHIND, SIDE, CROSS

1234 Step R over L, step L to L, step R behind L, touch L toe to L side/click fingers at shoulder
height 9:00
567&8 Step L over R, step R to R, step L behind R, step R to R (&), step L over R 9:00

[25-32] SIDE, ROCK, CROSS SHUFFLE, ¼, ¼, CROSS SHUFFLE

123&4 Step R to R, rock weight onto L, cross shuffle R over L (RLR) 9:00
567&8 Making ¼ turn R step L back, making ¼ turn R step R to R, cross shuffle L over R (LRL) 3:00

[32] Beats Repeat dance in new direction

Ending: On wall 12 (last wall) dance up to beat 14 and add the following 6 beats and hand movements:

Step R fwd (1), pivot ½ L (2), step R fwd (3), pivot ½ L (4), step R at R45 (5), step L at L45 (6)

Hand movements to lyrics: "I'm gonna be.. stronger, than you ever thought I was, than you ever thought I was"

Bring both arms up like you are lifting weights for the lyrics I'm gonna be 'stronger',

Pointing both index fingers fwd at shoulder height on lyrics than 'You' ever thought,

Bring both hands into to chest crossing over for lyrics I 'was',

Pointing both index fingers fwd at shoulder height on lyrics than 'you' ever thought,

Bring both hands into to chest crossing over for lyrics I 'was',

Drop hands to both sides and lower head.

Enjoy