

One Of Them

拍数: 32 墙数: 2 级数: Improver
编舞者: Fabian Müller (CH) - June 2020
音乐: One of Them Girls - Lee Brice



Sect 1: DIAGONAL ROCK, RECOVER WITH HOOK, DIAGONAL BACK, HOOK, KICK, KICK, FLICK, SCUFF

1 – 2 Rock diagonal forward R – Recover L and hook R in front of L
3 – 4 Step diagonal back R – Hook L in front of R
5 – 6 Jump on L and kick R – Jump on R and kick L
7 – 8 Jump on L and flick R – Scuff R next to L

Sect 2: LOCK STEP FORWARD, HOLD, ROCK FORWARD, RECOVER, ½ TURN ROCK FORWARD, RECOVER

1 – 2 Step forward R – Lock L behind R
3 – 4 Step forward R – Hold
5 – 6 Rock forward L – Recover R
7 – 8 ½ Turn left and rock forward L – Recover R

Sect 3: COASTER STEP, SCUFF, JUMPING JAZZBOX

1 – 2 Step back L – Step R next to L
3 – 4 Step forward L – Scuff R next to L
5 – 6 (Jumping) Cross R in front of L – Jump back on L kick forward R
7 – 8 Jump back on R kick forward L – (Jumping) Cross L in front of R

Sect 4: JUMPING BACK ROCK, RECOVER, FLICK WITH SLAP, STOMP FORWARD, SWIVEL, KICK, HOOK

1 – 2 Jumping back rock R – Recover L
3 – 4 Flick R to side and slap with right hand – Stomp forward R
5 – 6 Swivel both heel to right – Swivel back to center
7 – 8 Kick R – Hook R in front of L

Contact: heavymetalcowboy.ch - fabian.langnau@bluewin.ch
