

The Vow

COPPER KNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: High Improver
编舞者: Eun Mi Lim (KOR) - June 2020
音乐: The Vow (서약) - Ali (알리) : (Album: 향금무지개 OST)



Note: 32, 32, 16 / 32, 32, 16 / 32, Tag (10 C) / 32, 24

Intro: 16 counts (approx. 12secs)

Sec 1: Big Side, Drag & Touch (In-Out), Behind with Sweep, Behind-Side-Cross, 1/4R with Back with Sweep, Back, Point

- 1-2& Step R to right side (1), Drag L toes toward right and touch beside R (2), Drag L toes toward left and touch L to left side(&)
- 3-4& Step L behind R sweeping R from front to back (3), Step R behind L (4), Step L to left side (&)
- 5-6 Cross R over L (5), 1/4turn R stepping L back sweep from R to back (6) (3:00).
- 7-8 Step back on R (7), Point L toes forward (8)

Sec 2: Forward, Full Turn L, Forward, Rock Forward/Recover, Back, Back, 1/2L & Forward, Side & Sway (R-L)

- 1-2& Step forward on L (1), 1/2turn L stepping back on R (2) (9:00), 1/2turn L stepping forward on L (&) (3:00)
- 3-4& Step forward on R (3), Rock L forward (4), Recover on R (&)
- 5-6& Step back on L (5), Step back on R (6), 1/2Turn L stepping forward on R (&) (9:00)
- 7-8 Step R to right side with hips sway R (7), Hip sway L (8)

*Restart here on walls 3 & 6

Sec 3: Rock Cross/Recover, Side, Rock Cross/Recover, Side, Knee Up & Kick, Knee Up, Behind, Sweep & Behind, 1/4R with Forward, Forward.

- 1&2 Rock cross R over L (1), Recover on L (&), Step R to right side (2)
- 3&4& Rock cross L over R (3), Recover on R (&), Step L to left side (4), Lift R knee up slightly (&)
- 5&6 Kick right down and across front of left (5), Lift R knee up slightly (&), Step R behind L (6)
- 7&8 Sweeping L from front to back and Step L behind R (7), 1/4turn R stepping forward on R (&) (12:00), Step forward on L (8)

Sec 4: Rock Forward/Recover, Back, Together, 1/4R with Cross, 1/4L with Forward, 3/4L while Run (R-L-R), Forward.

- 1-2 Rock R forward with hip roll to clockwise (1), Recover on L with hip roll to center (2)
- 3&4 Step back on R (3), Step L next to R (&), 1/4turn R stepping R slightly cross, over-rotate hips so that legs are crossed to angle toward (4) (3:00)
- 5-6&7 1/4turn L stepping forward on L (5) (12:00), 3/4turn L run (R-L-R) (6&7) (3:00)
- 8 Step forward on L (8)

*Restarts: On wall 3 and 6, after 16 counts.

Tag (10 counts): At end of wall 7 (facing 9:00)

Hips sway (2 counts) & Replace Section 4 (8 counts):

Hip sway (R-L), Rock Forward/Recover, Back, Together, 1/4R with Cross, 1/4L with Forward, 3/4L while Run (R-L-R), Forward

- 1-2 Hip sway R (1), Hip sway L (2)
- 1-2 Rock R forward with hip roll to clockwise (1), Recover on L with hip roll to center (2)
- 3&4 Step back on R (3), Step L next to R (&), 1/4turn R stepping R slightly cross, over-rotate hips so that legs are crossed to angle toward (4) (12:00)
- 5-6&7 1/4turn L stepping forward on L (5) (9:00), 3/4turn L run (R-L-R) (6&7) (12:00)

Enjoy Dancing Always~!

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